

accept an offer	przyjąć ofertę	I was reluctant at first, but I finally decided to accept the offer.
accept the fact that	pogodzić się z tym/z faktem, że	I don't like learning languages. I really want to learn English fast, but I have to accept the fact that it takes time.
accidents will happen	wypadki chodzą po ludziach	No matter how careful you are, accidents will happen.
according to the custom	zgodnie ze zwyczajem	According to custom, it's the groom that has to pay for the wedding reception.
achieve a desired effect	osiągnąć zamierzony efekt	The project is not perfect, yet. I am sure that if we put our heads together we will manage to achieve a desired effect.
achieve a goal	osiągnąć cel	Peter is a really hard worker and always manages to achieve the goals he sets for himself.
act one's age	zachowywać się, jak przystało na swój wiek	Laura is 40 and incredibly irresponsible. It's high time she started acting her age.
add fuel to the flames	dolewać oliwy do ognia	Our managers had a really heated discussion during our last weekly meeting. Peter's interference only added fuel to the flames.
add insult to injury	dotatkowo pogarszać sprawę	To make things worse, he added insult to injury.
add variety to something	urozmaicać coś	My flat is all white. I am considering redecorating. Some colour would definitely add variety to the interior.
admit defeat	przyznać się do porażki	Kate had put a lot of work into the project, but unfortunately it fell through and she had to admit defeat in the end.
after a fashion	w pewnym sensie	I agree with you after a fashion. He shouldn't have done that but it seems he had no choice.
again and again	ciągle, w kółko	I called him again and again and no one answered.
against somebody's will	wbrew czyjejś woli	I told my sister that I absolutely hated blue, but she decided to paint our sitting room blue against my will.
against the law	niezgodnie z prawem	It is against the law to buy alcohol if you are under 18.
ahead of time	przed czasem/terminem	He was really ahead of his time in terms of employing women, quite unusual at the turn of the last century.
all alone	zupełnie sam	Samantha is only six but she still makes her way back home from school all alone.
all in all	ogólnie rzecz biorąc, w sumie	All in all, we are happy with how it worked out. It could have been much worse.
all over again	jeszcze raz od początku	I was writing my essay last night but my computer crashed. I lost all my work and had to start all over again.
all over the world	na całym świecie	Italy is known all over the world for its pastas and pizzas.
all rights reserved	wszelkie prawa zastrzeżone	All rights for the book are reserved. Copying is not allowed.
all sorts of things	najróżniejsze rzeczy	I do all sorts of things at work, run errands, assist managers, and organise meetings.
all's well that ends well	wszystko dobre, co się dobrze kończy	We had many problems while preparing the wedding, but in the end, it all worked out fine! All's well that ends well!
and so on	i tak dalej	As a secretary, she has to run errands, prepare tea and coffee, organise meetings and so on.
and that kind of thing	i tym podobne	I would like to manage projects, organise conferences, and those kinds of things.
and that's the end of the matter	i na tym koniec dyskusji	I will not let you go on holiday on your own and that's the end of the matter.
another time	innym razem	Kate: Do you fancy a drink tonight? Sam: I'd love to but I can't. I've already made some other plans.

Kate: No problem, another time.

any luck?	udało się?	Kate: I'm looking for the new book by Mac Ewan, have you got it? Peter: Yes, it's on the shelf over there, help yourself. Kate: Thanks. Peter: Any luck? Kate: Yes, I've found it already. Many thanks.
any old thing	obojętnie co	There's nothing interesting on TV today, but I'm so bored that I can see any old thing.
anything can happen	wszystko się może zdarzyć	We are going away for a year, on a round the world trip. We are very well prepared, but anything can happen when you travel for such a long time.
anything is possible	wszystko jest możliwe	Anything is possible, when you really want it.
apply for a job	starać/ubiegać się o pracę	I always wanted to work in this company so I decided to apply for the job they advertised yesterday.
are you all right?	nic ci nie jest?	Are you all right? You look rather pale today! Are you sure you don't want the afternoon off?
arms race	wyścig zbrojeń	We are currently experiencing a developing arms race between the main political powers in the world.
arrive at a conclusion	dojść do wniosku	I read the book twice and finally arrived at the conclusion that the ending is rather disappointing.
art for art's sake	sztuka dla sztuki	I really don't understand the purpose of studying dance at university level. What kind of career can you get out of that? It really is art for art's sake.
as a general rule	z reguły	As a general rule, we do not employ students, but as you seem to have all the relevant experience we are happy to make an exception for you.
as a last resort	w ostateczności	I really don't want to ask John for help. I'd rather try to solve the problem myself. I'll wait until tomorrow and if nothing happens I will ask him, as my last resort.
as a matter of fact	prawdę mówiąc, w rzeczywistości	As a matter of fact, I didn't know that they were together.
as a result	w rezultacie	Kasia grew up in the USA. As a result, she speaks English fluently.
as a rule of thumb	w przybliżeniu, z grubsza, na oko	As a rule of a thumb, we don't work with students. You could try and apply when you graduate.
as ever	jak zawsze, jak zwykle	Kate, so good to see you! And of course you are as beautiful as ever.
as far as I know	z tego co wiem, o ile mi wiadomo	As far as I know this book is out of print but you could always try to find it in some second hand bookstores.
as far as possible	w miarę możliwości	As far as possible I will try to help you out, but I can't promise anything.
as likely as not	najprawdopodobniej, pewnie	It really is as likely as not that you will not pass your driving licence test the first time you take it.
as long as I live	póki żyję	As long as I live, I haven't seen anything like that!
as luck would have it	traf chciał, że	As luck would have it, the weather was good.
as many again	jeszcze raz tyle	I've already done 25 exercises and have to do as many again to go to finish my home work.
as regards	jeśli chodzi o	We are really pleased with your progress and involvement in the role. As regards to your holidays, I regret to inform you that we can't spare you at the moment. It will have to wait until later.
as right as rain	zdrów jak ryba	I am as right as rain.
as soon as possible	tak szybko, jak to możliwe	Please send me the form as soon as possible. Without it we are unable to process you payment.
as the case may be	w zależności od okoliczności	As the case may be, we might arrive a bit later.
as things stand	w tej sytuacji, w tych okolicznościach	As things stand, it might be difficult to manage on time.
as usual	jak zwykle	She's late as usual.

ask somebody over for dinner	zaprosić kogoś do siebie na obiad	I have twice as much cooking to do now because Peter invited the Browns over for dinner.
at a distance	z oddali	I thought it was Kate, but it turned out to be someone else. The girl looked just like her at a distance.
at a guess	na oko	There were 25 people at the last lecture, at a guess.
at a later stage	w późniejszym etapie	At a later stage, we will all be taking part in the project.
at a profit	z zyskiem	We can only do it at a profit. We are not a charity.
at a run	biegiem	He went off at a run.
at a steady pace	ze stałą prędkością	We are progressing at a steady pace and will manage on time.
at all costs	za wszelką cenę	I absolutely love Coldplay. I just have to get tickets for their next concert, at absolutely all costs.
at all events	w każdym razie	At all events, we will finish the project on time, no worries.
at all points	pod każdym względem	She is a perfectionist at all points.
at any moment	w każdej chwili	The plane landed about 30 minutes ago so they will be coming out at any moment now.
at any rate	w każdym razie	At any rate, we can't afford any mistakes, you will have to do it again.
at any time	kiedykolwiek	I can meet you at any time. I am free all day on Friday.
at death's door	u progu śmierci	At 98, she is at death's door.
at every step	na każdym kroku	I felt the pain at every step.
at first glance	na pierwszy rzut oka	I went to look at a flat that I wanted to buy. At first glance, it seemed quite nice, but it turned out to be in a very bad condition.
at full speed	z maksymalną prędkością	I have a deadline tomorrow and still so much to do! If I work at full speed, chances are I'll manage on time, though.
at least	przynajmniej	At least I have finished the first half, just 50 more pages to go.
at night	w nocy	I can't sleep at night so I read books or watch movies.
at once	natychmiast, naraz	Kate! Come here at once! Why are you making me wait so long? I really don't have time!
at random	losowo, na chybił trafił	I chose the book totally at random and it turned out to be absolutely fantastic.
at short notice	bezwzględnie, natychmiast	I do appreciate it is very important but you have to realise that I am unable accept the task at such a short notice. There is simply not enough time to cover everything.
at somebody's command	do czyjejś dyspozycji	I am at your command. Just tell me what needs doing.
at somebody's request	na czyjąś prośbę	I am doing it at Kate's request. I owe her a favour.
at the bottom of one's heart	w głębi serca/duszy	Alison works as a marketing manager but she studied performing arts. At the bottom of her heart, she really is an artist.
at the cost of something	kosztem czegoś	I got promoted, but at the cost of my personal life.
at the crack of dawn	bladym świtem, skoro świt	We had to get up at the crack of dawn to be able to catch the plane.
at the earliest opportunity	przy najbliższej okazji	I am really sorry but I didn't have time to look at your essay yet. I will do at the earliest opportunity though, I promise!
at the end of the year	pod koniec roku	At the end of the year we always have much more work to do.
at the mercy of something	na łasce czegoś	We are going away for a short break this weekend. It's supposed to be a real outdoor trip and we are

staying in a tent. So we are fully at the mercy of the weather! Let's hope it doesn't rain.

at the moment	w tej chwili	We are very sorry, but the book is not available at the moment. You could come back next week. Chances are we will have it.
at the point of something	u progu czegoś	I am currently at the point of nervous breakdown. I really can't take it any more.
at the risk of something	ryzykując coś	I decided to say what I thought at the risk of losing my job.
at the same time	w tym samym czasie, jednocześnie	They did it at the same time.
at the sight of something	na widok czegoś	I was absolutely speechless at the sight of the painting.
at the start of something	na początku czegoś	I didn't like him at all at the start of the play, but my approach changed later on.
at the top	na samej górze	We are at the very top of the building. You need to take a lift.
at the top of one's voice	na całe gardło, z całych sił (np. krzyczeć)	I couldn't stand her speaking at the top of her voice all the time. She was extremely loud and it really didn't help my awful headache.
at the turn of the century	na przełomie wieków	My granddad was born at the turn of the century.
at this rate	w tym tempie	We will never manage to finish it at this rate.
B		
back and forth	tam i z powrotem	Yesterday I was moving to my new flat at the other end of the building. So I had to walk back and forth to transfer all my stuff along the corridor all day.
backward country	zacořany kraj	I always thought Bulgaria was a backward country, however, I was positively surprised when I first went to see the country.
bad luck	pech	It's just bad luck. You can't do anything about it.
bags under one's eyes	worki pod oczami	I was preparing a presentation for today's meeting and didn't have time to sleep at all. So I am really tired and have awful bags under my eyes.
be a nobody	być nikiem	I feel like I am a nobody whenever I talk to him.
be a perfect match for something	idealnie pasować do czegoś	I think Sam is a perfect match for the role.
be a tool in somebody's hands	być narzędziem w czyichś rękach	Sarah is just a tool in his hands, she can't make any decisions on her own.
be all smiles	promieniować uśmiechem	She is always all smiles. It's a pleasure to have her around.
be all thumbs	mieć dwie lewe ręce	I am useless at all arts and crafts. I am all thumbs.
be at a loss what to do	nie wiedzieć, co zrobić	She got accepted into both Oxford and Cambridge and is really at a loss what to do. They are both amazing universities.
be at one's wits' end	nie wiedzieć, co zrobić	I feel like I'm at my wits' end.
be back to square one	wrócić do punktu wyjścia	My last idea for the project was not accepted. I put so much work into it and now I am back at square one. I hate starting all over again with the project. It will take ages.
be between jobs	szukać nowej pracy	I am currently between jobs and have quite a lot of time on my hands.
be blind to something	być ślepy na coś	She is totally blind to what he's really like.
be due to do something	mieć coś zrobić	I am due to hand in the paper tomorrow.
be dying for something	marzyć o czymś	It's absolutely boiling in here. I am simply dying for a glass of ice cold water!
be expecting a baby	spodziewać się dziecka	Anna has worked all through her pregnancy. She is expecting a baby in January so she will be leaving work soon I suppose.

be fully aware of something	w pełni zdawać sobie sprawę z czegoś	I am fully aware of the fact that life will be much tougher in South Africa but I am really looking forward to my year there.
be getting on in years	starzeć się	I feel like I am getting on in years.
be hard done by	zostać źle potraktowanym przez	I can't believe I was hard done by Peter, out of all the people I know.
be in a bind	być w trudnym położeniu	I really don't know what to do, I don't have much choice, I am in a bind.
be in a hurry	spieszyć się	I am sorry. I am in a hurry and can't talk to you at the moment.
be in a state	być podenerwowanym	She is in such a state, better leave her alone.
be in a tight corner	znajdować się w sytuacji bez wyjścia	I feel like I am in a tight corner at the moment. I don't have much of a choice as to what to do next.
be in good health	cieszyć się dobrym zdrowiem	Sam is already 80 and still feels great. But he's always been in good health.
be in league with somebody	być z kimś w zмовie	She is in league with Peter professionally.
be in line with something	zgadzać się z czymś	We are preparing new Christmas Cards for our company but we have to make sure that they are in line with company's rules and regulations. Otherwise we won't be able to use them.
be in no position to do something	nie być w stanie czegoś zrobić, nie mieć możliwości	I am only an assistant here. I am in no position to make any decisions. You will have to wait for my manager to come back to give you the answer.
be in one's element	być w swoim żywiole	Kate was in her element, organising everything.
be in short supply	brakować czegoś	We are currently in short supply of water, so use sparingly.
be in somebody's shadow	być/pozostawać w czyimś cieniu	Anne and Kate are twin sisters. Anne has always been in Kate's shadow. Kate has always been the more talented one and was always favoured by their parents.
be in the habit of doing something	mieć zwyczaj coś robić	Now that I have moved into a shared flat, I have to get used to being really quiet in the morning not to wake everyone up. I used to be in the habit of switching the radio on really loud first thing when I got up every day.
be in the lead	być na prowadzeniu, prowadzić	Kate, you are in the lead for today.
be in the process of doing something	być w trakcie robienia czegoś	I am now in the process of writing it all up. It will be ready by tomorrow.
be in the public eye	być osobą publiczną, być w centrum zainteresowania	I hate being in the public eye, but that's a big part of my job.
be in the same boat	jechać na jednym wózku	I totally understand what you mean; we are in the same boat.
be in use	być w użyciu	The bathroom is now in use, you'll have to wait.
be looking for trouble	szukać kłopotów	Sam is always looking for trouble. He will be sorry one day.
be lost for words	nie móc znaleźć słów	I was delivering a speech in front of 100 people and suddenly forgot what to say next. I was simply lost for words for a while.
be lost in thoughts	być pogrążonym w myślach	I was lost in thought when the telephone rang.
be marked by something	charakteryzować się czymś	The decade was marked by rapid economic growth.
be master of something	być panem czegoś	Sam is a master of public speaking.
be meant for	być przeznaczonym dla	Don't even try to ride this bike. It's way too small for you. It is meant for children aged 5!
be more of a hindrance than a help	bardziej przeszkadzać niż pomagać	I feel like I am more of a hindrance than a help to you.
be my guest	nie krępuj się, proszę bardzo	- Can I have a look around? - Be my guest.
be no match for somebody	nie dorównywać komuś	Sam is really no match for Tim when it comes to sailing.

be not long for this world	długo nie pociągnąć, długo nie pożyć	I am afraid that my computer is not long for this world.
be on everybody's lips	być na ustach wszystkich	Laura has never been particularly controversial. Not many people noticed her, but since she dyed her hair blue, she is on everybody's lips.
be on good terms with somebody	być z kimś w dobrych stosunkach	I am on very good terms with him so I will talk to him.
be on somebody's side	być po czyjejs stronie	No matter what Peter says, Sam is always on his side. He always supports him.
be on the dole	być na bezrobociu	I have been on the dole for the past month, I really need to find a job.
be on the right track	być na właściwym tropie	I feel like I am finally on the right track to achieve what I want.
be on top form	być w szczytowej formie	I am on top form at the moment, so I have chances of winning this time.
be oneself again	być znowu sobą	I have been feeling rather depressed for a while, but now that I found a new and really satisfying job I am myself again.
be out of question	nie wchodzić w rachubę, być wykluczonym	My mum says that it's out of the question for me to go on holiday on my own as I am only 15.
be out of work	być bez pracy	I have been out of work for 2 months and now I am struggling financially.
be par for the course	być czymś powszednim/normalnym	He said long hours were par for the course.
be playing a waiting game	grać na czas	We have to play a waiting game and hope we'll manage on time.
be quick on the draw	szybko zrozumieć o co chodzi, w mig chwytać o co chodzi	He was quick on the draw answering the journalist's questions.
be ranked third	być sklasyfikowanym na trzecim miejscu	I was ranked third after the competition.
be right about something	mieć rację w jakiejś sprawie	You are right about that, thanks for the advice.
be second to none	nie mieć sobie równych	You are second to none when it comes to cooking.
be seized with something	być ogarniętym czymś (np. strachem)	I was suddenly seized with fear of the unknown when I crossed the border.
be subject to something	podlegać czemuś	Everyone in UK is subject to police checks before they can start working with children.
be supposed to do something	mieć coś zrobić	I have to go home to study. I was supposed to start doing my homework at 3 pm. It's already 5 pm and I still haven't started.
be the opposite of somebody	być przeciwieństwem kogoś	Although Anne and Laura are twins, they are total opposites of each other. Anne is blond and really quiet while Laura is ginger and always the soul of the party.
be up and running	działać, być sprawnym	We still have a lot of preparations to do, but I hope that the shop will be up and running next week. We are planning to open on Wednesday.
be up to one's ears in work	być zagrzebanym w pracy	I am up to my ears in work. I have been working all Saturday and Sunday. I have been staying at work long hours and still haven't managed to cover everything.
beat around the bush	owijać w bawełnę	Stop beating around the bush and tell me whether you want to go on holiday or not. I am tired of waiting for your answer.
beat somebody black and blue	zbić kogoś na kwaśne jabłko, posiniaczyć	I told him not to go there on his own. He got beaten black and blue.
beat the breast	bić się w piersi	He keeps beating his breast and swearing that it's all true, but I still don't believe him.
because of something	z powodu czegoś	I was really late today because of terrible traffic in the city centre.
become a burden to somebody	stać się dla kogoś ciężarem	I really need to find a job soon. I graduated 6 months ago and still live with my parents. I really

		don't want to become a burden to them.
become aware of something	uświadomić sobie coś	It was only after I moved abroad that I became aware of the fact that Warsaw has a lot to offer.
before somebody's eyes	na czyichś oczach	We turned around the corner and there was an amazing view before our eyes.
behind the scenes	za kulisami	There are many things going on behind the scenes that we don't know of.
behind the wheel	za kierownicą	Harry was lucky not to get injured in the accident he caused when he fell asleep behind the wheel.
below average	poniżej przeciętnej	The results of the last exam were below average. I don't know what happened.
below the mark	poniżej wymaganego poziomu	Our profits last year were unfortunately below the mark.
bend over backwards to do something	bardzo starać się coś zrobić	I have been bending over backwards all week to make sure that the clients are happy. I did everything they wanted and they still aren't satisfied with our service.
bend the rules	naginać przepisy	I handed my application in too late, but the company agreed to bend the rules and accept it.
beside the point	bez związku z tematem, nie na temat	This is really beside the point. I won't discuss it any further.
best of all	najlepszy ze wszystkich/wszystkiego	It all sounds amazing, best of all we are going to visit the castle.
better and better	coraz lepszy	It's getting better and better, I have nothing to complain about.
better luck next time	następnym razem będzie lepiej	Let's hope I'll have better luck next time. I don't want to go through all that again.
better than ever	lepszy niż kiedykolwiek	It's better than ever this time and it's all thanks to Kate's help.
beyond doubt	poza wszelką wątpliwość	His guilt was established straight away. It's beyond doubt that he's the one to blame.
big deal!	też mi coś!	Big deal! I would have done much better than he.
big fish	gruba ryba	Harry is a big fish in the world of financial management. There aren't many others who are more influential.
birds of a feather	ludzie tego samego pokroju	"Birds of a feather flock together", as the popular saying goes.
bite one's tongue	ugryźć się w język	I was just about to criticise my manager when she turned up in my office. Thank god I bit my tongue in time and didn't say anything!
bits and pieces	drobiazgi	I didn't have all the materials so had to use bits and pieces to work it out.
blind alley	ślepa uliczka; ślepy zaułek	We are all trying to realise that this type of music is a blind alley and we won't get any further with it.
blindly obey somebody	być ślepo posłusznym komuś	I can't believe Anne is blindly obeying her boyfriend at all times! She does whatever he tells her and never questions it!
block somebody's view	zasłaniać komuś widok	I went to the cinema yesterday but didn't really enjoy the film, mainly because the guy who was sitting in front of me was totally blocking my view.
blood type	grupa krwi	I decided to be a blood donor. I had to have a blood test to determine what blood type I was. It turns out that I am type A.
blue with cold	zsiniały z zimna	I got absolutely soaked and was blue with cold.
body and soul	duszą i ciałem	She always dedicates herself body and soul to whatever she does.
boil down to something	sprowadzać się do czegoś	It all boils down to the fact that he doesn't want to do what he was asked for.
bored to death	śmiertelnie znudzony	The last lecture I went to wasn't particularly interesting. In fact I was bored to death and left before it was finished.
botch a job	spartaczyć pracę	You should have been more careful and now you just botched the job.

bottoms up!	do dna! zdrowie! (przy toastach)	Bottoms up! It's been a good year and we should celebrate it!
break a promise	złamać obietnicę	Mary told me she would keep what I told her to herself, but she broke the promise! She is such a gossip, now everyone knows my secret!
break a record	pobić rekord	I think Sam broke a record of not doing anything! How can you be that lazy?
break free	uwolnić się	I want to break free from your lies.
break into pieces	rozbić/rozlecieć się na kawałki	I was washing the dishes yesterday and dropped my mum's favourite plate. It broke into pieces and she is now really upset.
break one's back	harować, ciężko pracować	I am breaking my back, trying to do it all on time.
break somebody's heart	złamać komuś serce	I don't really want to break his heart.
break the habit	zerwać z nałogiem	I am trying to break the habit and quit smoking, but it's not easy.
break the news to somebody	powiadomić kogoś	No one wanted to tell Luke he was to lose his job. In the end, I had to break the news to him.
bring bad luck to somebody	przynosić komuś pecha	She brings bad luck to you.
bring credit to somebody	przynosić komuś chlubę	The team's victory in the finals has brought credit to the school.
bring good results	przynieść/dać dobre wyniki	We just introduced a new ad campaign and it's bringing great results. We are selling more copies of the magazine than ever before.
bring pressure	wywierać nacisk	Our boss brings a lot of pressure when he talks about sales results and nothing else.
bring shame on somebody	przynieść komuś wstyd	Sally brought shame on me when she got really drunk at Peter's party. No one else knew her, so she didn't really make a good first impression.
bring something to an end	doprowadzić coś do końca	I am about to change jobs, but I want to bring all of my current projects I am currently responsible for to an end.
bring up a subject	poruszyć temat	Don't even bring up the subject. I don't want to talk about it, yet.
bring up children	wychowywać dzieci	Their grandmother brought up my children as I was working at two different companies.
bundle of nerves	kłębek nerwów	Kate is a real bundle of nerves. She gets stressed at even the most trivial of things.
burn the midnight oil	pracować do późna w nocy	Sam is now asleep after burning the midnight oil and trying to finish his essay.
burst into flames	buchnąć płomieniem	It was a really scary sight when the car burst into flames.
burst into tears	wybuchnąć płaczem	I was managing myself really well all through the wedding, but I finally burst into tears. I couldn't help myself, I was really moved.
burst out laughing	wybuchnąć śmiechem	I couldn't stop myself. I burst out laughing in the middle of the meeting.
but for you	gdyby nie ty	I couldn't have done it in time but for you.
but that's another story	ale to już inna historia	We are going on Holiday to Spain this year. I wanted to go to Norway. Peter said no, but that's another story.
but then again	ale z drugiej strony	I would like to go to Italy. Then again, I have already been there and there are so many other places to see.
by a process of elimination	przez eliminację	I really did not know the answer to question 5, but by process of elimination I chose answer A.
by a strange twist of fate	dziwnym zrzędzeniem losu	By a strange twist of fate, I met Sarah in the middle of London.
by birth	z pochodzenia	I am Polish by birth, but I grew up in England.
by chance	przypadkowo	I met Sam totally by chance yesterday. We originally planned to meet next week.

by common consent	za ogólną zgodą	We decided, by common consent, that we were going to sell grandma's house.
by day	za dnia	I am a teacher by day and a DJ by night.
by default	standardowo, domyślnie	By default, we only used headed paper.
by fair means or foul	nie przebierając w środkach	He always gets what he wants, by fair means or foul. I'm scared to think of what he could potentially resort to.
by force	przemocą, siłą	The squatters refused to leave the building and had to be removed by force.
by heart	na pamięć	We had to learn about 200 words by heart to pass our first English test.
by lot	w drodze losowania	There was a parking space shortage and I got mine by lot.
by means of something	za pomocą czegoś	This is a one-year course taught by means of seminars and field trips.
by mistake	przez pomyłkę	I am really sorry, I called you totally by mistake. I meant to call Mike.
by nature	z natury (np. agresywny)	Smoking is addictive by nature. The majority of people who start just can't help but to get addicted sooner or later.
by night	nocą	Paris by night looks totally different than during the day.
by no means	w żadnym wypadku	This is by no means out of the ordinary! In fact, it's quite typical for the Spanish to have a siesta after lunch.
by now	do teraz, do tej pory	You have been our student for over a year. You should have learned by now that we do not accept lateness.
by profession	z zawodu	I am a teacher by profession but I currently work as a journalist.
by the back door	tylnymi drzwiami	His father works there so he got in by the back door.
by the way	przy okazji, nawiasem mówiąc	Can you go to the shop and buy some sugar? By the way, do you know that Sam works there?
by trial and error	metodą prób i błędów	A large number of scientific discoveries have been found by trial and error.
by turns	kolejno	His tone was by turns angry and aggravated.
by way of something	w charakterze czegoś, tytułem czegoś	"I get very worried about things like that", she said by way of explanation.

C

call a strike	ogłosić strajk	When it was announced there would be no pay raise, the workers of Tom's company decided to call a strike.
call something into question	zakwestionować coś	When I called one of my teacher's theories into question yesterday, she wasn't pleased at all.
can ill afford something	nie móc sobie pozwolić na coś	We can ill afford another scandal. It would simply ruin us!
can't make head or tail of something	nie móc się w czymś połapać	I have been trying to understand the task for more than three hours now, but I can't make head or tail of it. Can you please explain it to me?
carrot and stick	metoda kija i marchewki	The government wants to use a "carrot and stick" approach to force the President and Prime Minister to negotiate.
carry out an experiment	przeprowadzić eksperyment	Einstein had to carry out many experiments in order to arrive at his famous theories.
cast one's vote	oddać głos (wyborczy)	I decided to cast my vote for the Democrats in the last Presidential election.
catch a cold	przeziębnić się	I feel really bad. I have a sore throat and runny nose. I must have caught a cold again!
catch sight of	dostrzec coś	I just changed my haircut and every time I catch sight of myself in a mirror, I feel rather surprised

something		about the way I look. I still haven't got used to it.
catch somebody doing something	przylapywać kogoś na czymś	I used to steal sweets from the pantry when I was five, but my Grandma caught me doing it and I was scared to do it again.
catch somebody red-handed	złapać kogoś na gorącym uczynku	The police caught the burglar red-handed. He was arrested and charged with robbery.
catch somebody's attention	przyciągnąć czyjąś uwagę	The girl in the blue top caught my attention. I just couldn't stop staring at her all night long.
catch somebody's interest	wzbudzić czyjeś zainteresowanie	Rob feels superior to everybody and it's really difficult to catch his interest.
chain of events	splot wydarzeń	The chain of events in 2005 led to his hasty departure to Spain. I wonder what really happened.
change beyond recognition	zmienić się nie do poznania	Anna moved to Spain a few years ago. She recently came over to visit, but has changed beyond recognition. We found it difficult to talk. She is simply a different person now.
change for the better	zmiana na lepsze	I decided to apply for a new job. I really believe it will be a change for the better. I feel that the new position will bring new challenges.
change for the worse	zmiana na gorsze	I was hoping to have a much more interesting job here, but it turned out to be a change for the worse. I should have stayed with the previous company.
change hands	zmieniać właściciela	The firm has changed hands many times throughout the past few years. The current owners are planning on selling it again soon.
change one's mind	zmienić zdanie, rozmyślić się	Sally was going to apply to study psychology but she changed her mind. She is now planning to study Spanish.
change the subject	zmieniać temat	Can we please change the subject? You know how I hate talking about politics all the time.
cheap to run	tani w eksploatacji	We decided to buy a German car because it's said to be cheap to run.
chilled to the bone	przemarznięty do szpiku kości	I forgot to take warm clothes and I got chilled to the bone.
chip off the old block	wykapany ojciec/matka	Tom looks just like his father when he was younger. He really is a chip off the old block.
claim damages	żądać odszkodowania	I wasn't really satisfied with my last holiday. We didn't get the service and programme we paid for. We're now going to claim damages with the travel agency.
classic example	klasyczny przykład	William Shakespeare is a classic example of a British Renaissance playwright.
clear conscience	czyste sumienie	I'd rather pay the fine and have a clear conscience rather than wait and hope they will forget about it.
clear the table	posprzątać ze stołu	Laura, can you please help me clear the table now that the guests are gone? It will be much quicker with your help.
clear the way!	z drogi! usunąć się!	Excuse me! Can you clear the way? Can't you see we are trying to get through with the trolley?
clip somebody's wings	podciąć komuś skrzydła	The new legislation is aimed at clipping the President's political wings.
close at hand	w zasięgu ręki	I like reading books in Spanish, but I need to have a dictionary close at hand. There are still many words I don't understand.
come as a shock to somebody	zszokować kogoś	The news about Mike's sudden death came as an absolute shock to me. I still can't believe what happened!
come as a surprise to somebody	zaskoczyć kogoś	Jude's marriage proposal came as a surprise to me as we've only been dating for three months. I didn't realise he took me so seriously.
come as no surprise to somebody	nie być zaskoczeniem dla kogoś	It came as no surprise to me that Tina got a place to study at Oxford as she's always been at the top

of her class.

come down to earth	wrócić (z obłoków) na ziemię	I know you would love to go study abroad, but come down to earth! It costs a lot of money and we can't afford it. Besides, we have equally good universities here.
come down to something	sprowadzać się do czegoś	The chances of doing a post-graduate degree are very low if you can't cover the fees. Even if you are really bright, it still comes down to money.
come in useful	przydać się	Many thanks for your knowledge in math. It came in very useful in our last meeting.
come into effect	wchodzić w życie	The new law comes into effect at the beginning of January.
come into fashion	stać się modnym	Long skirts came into fashion last spring and are still quite popular.
come into somebody's head	przyjść komuś do głowy	There are certain tunes that simply come into your head and stick.
come of age	osiągnąć pełnoletniość	What about all the fifty-thousand youngsters who come of age this spring? Who will they be voting for?
come off well	dobrze wypaść	The last presentation came off really well. Good job, Tom!
come on!	daj spokój! dalej! rusz się!	Come on and don't be so lame! You never go out with us. Just this one time! It's Friday and you don't have to go to work tomorrow.
come to a bad end	źle skończyć	I always knew the company was not going to last. It was clear that sooner or later it would come to a bad end.
come to a dead end	utknąć w martwym punkcie	The negotiators came to a dead end and they needed to involve a third party to be able to progress.
come to a decision	podjąć (ostateczną) decyzję	We came to a joint decision that it would be best for you to go and study abroad.
come to an arrangement	dojść do porozumienia	Anna didn't want to go on holiday to Africa, so we came to an agreement. We're going to Spain and organising a day trip to Morocco, instead.
come to an end	dobiegać końca	All good things come to an end. I can't believe those two weeks of my holiday are gone already.
come to light	ujrzeć światło dzienne, wyjść na jaw	When the financial scandal came to light, our managing director got fired.
come to one's senses	pójść po rozum do głowy	I wonder how long it will take you to come to your senses. I am really glad you realised what a mistake you're making.
come to power	dojść do władzy	When Henry VIII came to power, England was still dependent on Rome in the matters of religion.
come to somebody's aid	przyjść komuś z pomocą	I really struggled with the task, but Sam came to my aid and we managed to solve it together.
come to somebody's defence	przyjść komuś z pomocą, stanąć w czyjejs obronie	Sarah made a mistake by criticising her manager, but quite a few of her colleagues came to her defence by supporting her views.
come to somebody's ears	dojść do czyichś uszu	It just came to my ears that you're about to move to England. Is that what you're really planning?
come to terms with somebody	dojść do porozumienia z kimś	She's never really come to terms with her daughter.
come to the point	przejsć do sedna sprawy	Please, come to the point because we haven't got much time.
come true	spełnić się (np. o marzeniach)	I hope all your dreams will come true. You deserve the best!
commit a crime	popęlnić przestępstwo	I have never committed a crime before. Does this help my situation at all, or am I going to go to jail?
commit to memory	nauczyć się na pamięć	I don't have anything to write down your number with. I'll simply try and commit it to memory. Let's hope I won't forget it by tomorrow!

common sense	zdrowy rozsądek	Organising a conference is no rocket science; it really is all about good organisation and common sense!
conflict of interests	konflikt interesów	The Prime Minister and the President are known to have a conflict of interests. It doesn't seem like the situation is going to change any time soon.
contrary to popular belief	wbrew powszechnemu przekonaniu	Contrary to popular belief, British people are not overly polite, and they are extremely serious at all times.
correct me if I'm wrong but	popraw mnie, jeśli się mylę, ale	Correct me if I'm wrong, but shouldn't you be at school now?
cost of living	koszty utrzymania	The cost of living in Britain has increased drastically over the last few years and many people can't afford to live as comfortably as they used to.
cough it up!	wykrztuś to z siebie!	Oh come on! Just cough it up! Say it! It's not going to change anything, anyway.
count down	odliczać	Count down to 10 and then you can start walking back. Just don't follow me straightaway.
country of origin	kraj pochodzenia	Nationality: Polish Country of Origin: Poland Place of Birth: France Date of Birth: 23.03.1975
course of events	bieg wydarzeń	In a natural course of events cows would need to be milked at least twice a day.
cover the cost of something	pokryć koszt czegoś	Don't worry, I'll cover the cost of the drinks. You can pay for our taxi back, if you want to.
covered by insurance	objęty ubezpieczeniem	I broke my leg while skiing in Austria, but all the treatment costs were covered by insurance.
cross my heart!	słowo honoru!	I really want to go on holiday with you, not with Anne! Cross my heart! Why don't you believe me!
curiosity is eating her up	zżera ją ciekawość	Anna still doesn't know if she won the award. It will be announced tomorrow, but curiosity is eating her up.
cut and run	wziąć nogi za pas, uciec	When his company started having problems, he decided to cut and run rather than face financial ruin.
cut down on something	ograniczyć coś	It turned out I should be on a gluten-free diet, so I have to cut down on bread and pasta.
cut it out!	przestań!	Cut it out! It just can't be true! I couldn't have won the competition!
cut somebody to the quick	dotknąć kogoś do żywego	I was cut to the quick by his harsh remarks.
cut the crap!	przestań pieprzyć!	Cut the crap and just tell me the truth! I am sure you can explain it somehow!

D

daily life	codzienne życie	The daily life of people in the Middle Ages was very different from the way we live today.
dash somebody's hope	zniweczyć czyjeś nadzieje	Laura was expecting to inherit the house, but her dad dashed all her hopes by giving it to charity when he was 55.
day by day	dzień po dniu	I am not planning my future, I just live day by day, hoping it will all solve itself.
dead end	ślepa uliczka	We came to a dead end with the task and are struggling to come to the right conclusions.
declare war on somebody	wypowiedzieć komuś wojnę	America declared war on Japan in 1941.
deserve credit	zasługiwać na uznanie	I have been working really hard for the past month. I really think I deserve some credit, but all you do is criticise me.
die a natural death	umrzeć śmiercią naturalną	My granddad died a natural death at the age of 98.

difference of opinion	różnica zdań	Difference of opinion is a daily bread for me and my sister. We are never able to agree with each other.
dirt cheap	tani jak barszcz	I bought this dress on sale! It was dirt cheap! Just £10!
dirty joke	świński, nieprzyzwoity dowcip/kawał	Stop telling all those dirty jokes in front of the children!
disappear from view	zniknąć z oczu	I got really worried when Anna disappeared from my view as she is not supposed to go anywhere on her own.
disappear without a trace	zniknąć bez śladu	My brother left home one day and disappeared without a trace. We don't know what happened to him.
disturb the peace	zakłócać porządek	Can you turn the music down? You're disturbing my peace.
do a good turn	zrobić dobry uczynek	I decided to do a good turn by donating some money to charity.
do a great job	wykonać kawał dobrej roboty	You've done a great job and we would like to offer you a pay rise!
do as you please	rób, jak ci się podoba	Do as you please, but don't ask me for advice when you're in trouble again.
do exercises	robić ćwiczenia (np. w zeszytcie)	I do exercises every morning.
do harm to somebody	wyrządzić komuś krzywdę	I don't want to do harm to anybody. I just practice martial arts to stay fit.
do one's duties	wypełniać swoje obowiązki	I always do my duties to the best of my abilities. That's why I am a valued worker.
do something behind somebody's back	zrobić coś za czyimiś plecami	Laura and I are no longer friends. She has been talking about me behind my back, and I just can't accept such behaviour.
do something for money	robić/zrobić coś dla pieniędzy	I had to do it for money. I was in a really bad financial situation back then.
do something for the fun of it	robić coś dla zabawy/przyjemności	Let's do it just for the fun of it. Come on! I am sure you'd enjoy being spontaneous once in a while!
do something from nothing	zrobić coś z niczego, od podstaw	Anne is an amazing cook. She can prepare a really tasty dish from absolutely nothing.
do something on the side	robić coś na boku	Heather is a teacher but she does some tour-guiding on the side. Teaching doesn't pay too well.
do something out of habit	robić coś z przyzwyczajenia	I don't really watch TV much but I always have it switched on when I am home – purely out of habit.
do the dishes	zmywać naczynia	Sam, do the dishes, please. The dishwasher is broken.
do voluntary work	pracować jako wolontariusz	I do some volunteer work every summer. It gives me a sense of achievement.
do whatever possible to	zrobić co tylko możliwe, aby	I'd do whatever possible to get this job. I am sure I would be great at it!
do wonders	czynić cuda, dokonywać cudów	Drinking 2 litres of water a day can do wonders for your skin.
do you follow me?	rozumiesz mnie?	I want you to do all the tasks from page 1, only the task nr. 1 from page 2, and the first half of page 3. Do you follow me? I don't want anyone to tell me tomorrow that they did not know what to do for the homework.
do you happen to know	nie wiesz przypadkiem	Excuse me, do you happen to know where the nearest bank is?
do you have a light?	masz ogień? (zapałki, zapalniczkę)	– Do you have a light? – No, I don't smoke, sorry.
do you mind if I open the window?	nie będzie ci przeszkadzało, jeśli otworzę okno?	– Do you mind if I open the window? – Not at all.
do you see what I mean?	rozumiesz, o co mi chodzi?	You really have to try and finish it by tomorrow. We have a deadline on Friday but we need everything double-checked, just in case. Do you see what I mean?

does it really matter?	czy to naprawdę ma znaczenie?	Does it really matter what I wear for the meeting?
does it work for you?	pasuje ci to?	Does that dress work for you? I really don't feel comfortable in it.
does this mean anything to you?	czy to ci coś mówi?	Sarah says that you need to give the "thing" to her by tomorrow. Does it mean anything to you?
don't ask me!	mnie pytasz? (sam chciałbym to wiedzieć)	Don't ask me! I've never even been to Spain. How can I know what the most famous market in Barcelona is called?
don't make me laugh	nie rozśmieszaj mnie	Don't make me laugh now! They'll kick us out of the class in a second if we keep on behaving like that.
don't mention it!	nie ma za co! (odpowiadając na podziękowania)	- Thank you very much for driving me home. - Don't mention it.
don't remind me!	ani mi nie przypominaj!	- The essay deadline is tomorrow. - Don't remind me! I haven't even started working on it yet!
draw a conclusion	wyciągnąć wniosek	At the end of the meeting we managed to draw a conclusion from last year's situation and came up with a new action plan.
draw attention away from something	odwracać uwagę od czegoś	Anne's presentation was really good, but the road works outside our office drew everyone's attention away from what she had to say.
draw lots	ciągnąć losy	None of us wanted to move into the smallest room so we decided to draw lots.
dress in black	ubierać się na czarno	I always dress in black when I have to look smart.
drink and drive	prowadzić w stanie nietrzeźwym, jechać po pijanemu	You really shouldn't drink and drive. It's dangerous!
drive somebody crazy	doprowadzać kogoś do szaleństwa	Your music is driving me absolutely crazy. Can you turn it down for a while! I really have to study!
drive somebody to despair	doprowadzać kogoś do rozpacz	I have been applying for jobs for about a month now and nothing comes my way. The whole situation is really driving me to despair.
drop a hint	zrobić aluzję, napomknąć	It was already midnight and Anna was still at my place. I really needed her to leave as I was to get up really early the next day. I had to drop a hint, otherwise, she would never have left.
drop in the bucket	kropla w morzu	I am afraid that's just a drop in the bucket of what it takes to help Africa.
drop somebody a line	napisać parę słów do kogoś	I'll drop you a line later on this week to let you know how it's going. What's your e-mail address, anyway?
drum up support	pozyskać poparcie	We managed to drum up a lot of support for the cause and now it's got national coverage in the media.

E

early bird	ranny ptaszek	I am really an early bird. I work best in the mornings but need to go to bed early as well.
earn one's living	zarabiać na utrzymanie	I started earning my own living at the age of 16 and have been financially independent ever since.
ease the pain	złagodzić ból	I need to take some paracetamol to ease the pain, otherwise I won't be able to carry on working.
easier said than done	łatwiej powiedzieć niż zrobić	It's easier said than done. How do you want me to organise this conference with the means I have available?
easy come, easy go	łatwo przyszło, łatwo poszło	Oh well, easy come, ease go. I know I could have saved the money I won, but at least we had a good time on holiday.
either way	tak czy owak	We can stay at home or go to the cinema. Either way, the Browns are spending the evening with us.
element of surprise	element zaskoczenia	I like the element of surprise in opening Christmas presents.
emotions were	emocje wzięły górę	The concert was amazing! Emotions were running

running high		high when Robbie Williams got on stage.
end in a tie	zakończyć się remisem (w sporcie)	The first game ended in a tie, but France won the second 2:1.
enter one's mind	wpaść do głowy	The thought just entered my mind, but I haven't come up with any sensible solution to the problem yet.
even odds	równe szanse	We both practiced a lot, and the odds of winning the game are even.
even though	mimo że, chociaż	Even though I speak Spanish fluently, I have never wanted to visit Spain or South America.
every now and then	co jakiś czas	Every now and then I like to go to a gym but I'm not a regular.
every other day	co drugi dzień	I work part-time and only go to work every other day.
every time	za każdym razem	Every time I go on holiday I choose a different country.
exchange of views	wymiana poglądów	I really enjoyed studying abroad. I treated it as a chance for an interesting exchange of views.
experience shows that	doświadczenie pokazuje, że	My experience shows that it's good to spend some time abroad if you want to learn a language well.
express a view	wyrazić pogląd	Don't express such strong views if you have no experience to support them.
express an opinion	wyrazić opinię	Anne expressed an opinion about the movie that I didn't agree with, but I didn't say anything.
expressions of sympathy	wyraży współczucia	I treated all the flowers as expressions of sympathy.

F

face to face	twarzą w twarz	I don't like face-to-face interviews. They are much more stressful than phone interviews.
fail an exam	nie zdać egzaminu	I failed my math exam in June and had to resit it in September.
fall apart	rozpaść się	My last relationship fell apart after I moved to England.
fall flat	nie powieść się, zakończyć się fiaskiem	He told us a few jokes and all of them fell flat.
fall in love with somebody	zakochać się w kimś	I fell in love with my first boyfriend when I was 16.
fall into a trap	wpaść w pułapkę	I fell into a trap of working long hours because I wanted to impress my new manager.
fall into the wrong hands	wpaść w niepowołane ręce	Take good care of those documents. I don't want them to fall into the wrong hands.
fall short of expectations	nie spełnić oczekiwań	We thought she would be perfect for the post, but unfortunately she fell short of expectations and she's going to be demoted.
fall silent	zamilknąć	Everyone fell silent when the singer stepped onto the stage.
fall to one's knees	paść na kolana	My boyfriend fell to his knees when he proposed to me.
fall victim to something	paść ofiarą czegoś	I fell a victim to fashion the first time I bought a designer bag.
family matters	sprawy rodzinne	Please don't interfere, it's a family matter.
fasten one's seatbelts	zapiąć pasy bezpieczeństwa	You should fasten your seatbelts when driving.
fear of the unknown	strach przed nieznanym	It's normal to feel the fear of the unknown when you're going to a new place.
feed on something	żywić się czymś	Fascism feeds on poverty.
feel at home	czuć się jak u siebie w domu	I really feel at home here. I think we should buy the flat.

feel awkward	czuć się niezręcznie	I feel awkward staying at your place for such a long time. I don't want to use you.
feel fit enough to do something	czuć się na siłach, aby coś zrobić	I am still recovering from pneumonia and I don't feel fit enough to go out on my own yet.
feel free	nie krępować się, czuć się swobodnie	Feel free to call me whenever you want to.
feel like a fool	czuć się jak głupiec	I felt like a fool when my phone rang in the middle of the meeting.
feel like doing something	mieć ochotę coś zrobić	I really feel like watching a movie. Let's go and rent a DVD.
feel low	być przygnębionym	This weather makes me feel really low. I can't wait for spring.
feel sympathy for somebody	współczuć komuś	She went through so much these past few months. I feel a lot of sympathy for her.
few and far between	bardzo rzadki	Houses that are both central and reasonably priced are few and far between.
fight a losing battle	być z góry skazanym na porażkę	I feel like I am fighting a losing battle. We will never win with the authorities.
fight to the end	walczyć do końca	I am going to fight to the end, no matter how hard it may be.
fill a role	pełnić rolę	John filled the role of our manager when Peter left.
find an excuse to do something	znaleźć pretekst/wymówkę, aby coś zrobić	I can always find an excuse to go on holiday.
find fault with somebody	czepiać się kogoś, szukać wad	Sarah is very critical and finds fault with everyone.
find it necessary to	uważać za konieczne, aby	Do you really find it necessary for us to work till 7 pm? Can't we leave at 5 pm?
find out about something	dowiedzieć się o czymś	I've just found out about Sarah's party tonight and I won't be able to make it. Had I known earlier, I would have scheduled my time differently.
find pleasure in doing something	znajdować przyjemność w robieniu czegoś	I find great pleasure in snowboarding so I go to the mountains at least twice a year.
find something heavy going	uważać coś za trudne	I tried reading Ulysses twice but found it heavy going to read and never managed to finish it.
find something impossible	uważać coś za niemożliwe	I find learning how to ski absolutely impossible. I have tried so many times and I still haven't mastered it.
fire somebody	zwolnić/wyrzucić kogoś z pracy	Recently I had to fire Sarah because she was not doing her job.
first and foremost	przede wszystkim	I really like history but first and foremost I am interested in fine arts.
first come, first served	kto pierwszy, ten lepszy	The tickets to the workshop are booked on a first-come, first-served basis, so we should book them quickly.
first things first	wszystko w swoim czasie, po kolei	I really want to go out tonight, but I have a lot of work to finish. First things first.
fix one's eyes on	utkwić wzrok w	I really couldn't concentrate on the lecture as I felt that the girl in front fixed her eye on me.
fling oneself into work	rzucić się w wir pracy	I have had some personal problems recently so I have diverted my attention by flinging myself into work.
fly into a rage	wpaść w gniew	I asked to speak to her manager and she flew into a rage.
fly off the handle	wpaść w gniew	He gets annoyed easily and flies off the handle at the slightest thing.
follow in somebody's footsteps	iść w czyjeś ślady	I followed in my mother's footsteps and became a doctor.
follow one's heart	pójść za głosem serca	My parents wanted me to study economics, but instead I followed my heart and chose acting.
follow somebody with	podążać za kimś wzrokiem	I followed Sam with my eyes for about 30 minutes,

one's eyes		and he still didn't realise he was being watched.
follow somebody's example	iść za czyimś przykładem	I never followed my parents' example and I preferred to do my own thing.
foot the bill for	zapłacić/uregulować rachunek za	Who is going to foot the bill for all the repairs?
for a change	dla odmiany	We always go on holiday to the South. Maybe we should try Scandinavia for a change.
for a good cause	na szlachetny cel	Twice a year I donate money for a good cause.
for a number of reasons	z wielu powodów	I decided not to take the job for a number of reasons, mainly because I didn't want to move abroad.
for a time	przez jakiś czas	For a time, we all thought Sheila would become a doctor, but she decided not to go to university after all.
for all I know	o ile wiem	For all I know, Ali is going to travel with Sam. I don't know where they are planning to go.
for all practical purposes	praktycznie, ze względów praktycznych	I love the flat we saw yesterday, but for all practical purposes I think we should buy a small house instead.
for ever	na zawsze	I could stay here forever.
for example	na przykład	Let's go somewhere warm and sunny, for example to Spain or Italy.
for God's sake	na miłość boską	For God's sake, stop sitting there and do something!
for hours on end	godzinami, nieustannie	He used to stay in his room for hours on end and listen to music.
for no apparent reason	bez wyraźnego powodu	She decided to quit her current job for no apparent reason.
for one reason or another	z jakiegoś powodu, z niewiadomego powodu	She is always unhappy for one reason or another.
for one thing	po pierwsze	- Why don't you go to the USA to learn English. - For one thing, I don't like flying, and besides, I can't afford it.
for personal use	na użytek własny	This movie is only available for personal use. You can't show it in a cinema.
for reasons best known to oneself	z sobie tylko znanych powodów	I made the decision for reasons best known to myself. I don't have to explain anything to you.
for sale	na sprzedaż	My car is for sale.
for somebody's own good	dla czyjegoś własnego dobra	She should try to learn a foreign language for her own good.
for that matter	jeśli o to chodzi	I have never been to Chicago, or any American city for that matter.
for the moment	chwilowo, na razie	Unfortunately, we have no vacancies for the moment, but you could contact us later this month to see if anything becomes available.
for the most part	w przeważającej części	For the most part, they were all really helpful.
for the sake of argument	na potrzeby dyskusji, hipotetycznie	For the sake of argument, let's just say that the fourth option is best for the company.
for the time being	na razie	I am living with my parents for the time being but I hope to rent a flat for myself soon.
force of character	siła charakteru	She was able to make him change his mind just by force of character.
forget it!	nie ma mowy! zapomnij!	Forget it! I am never going to move to London!
fortune smiles on somebody	fortuna/los się uśmiecha do kogoś	It seems like good fortune is smiling on me at the moment. I got the job I wanted and now I am moving to a new, bigger flat.
free of charge	bezpłatny	All the drinks and snacks are free of charge.
freedom of choice	wolność wyboru	Democracy is characterised by freedom of choice.
freedom of speech	wolność słowa	Freedom of speech is essential in modern society.

freely available	łatwo dostępny	Our new CD is freely available in all High Street stores.
frighten somebody to death	śmiertelnie kogoś przestraszyć	Oh my God, you just frightened me to death!
from all sides	ze wszystkich stron	I considered the issue from all sides and it seems that it will work out fine.
from beginning to end	od początku do końca	I found the book absolutely compelling from beginning to end.
from day to day	z dnia na dzień	I just live from day to day without planning too much.
from head to toe	od stóp do głów	Sarah loves pink. She dresses in pink from head to toe.
from now on	od teraz	From now on, I am the one who decides what we do in the evenings. You are far too indecisive.
from that moment forward	od tej chwili	It was only my first dance class but from that moment forward it became my real hobby.
from time to time	od czasu do czasu	I go to the cinema from time to time but mostly I watch DVDs.
from what I can gather	o ile się orientuję	From what I can gather, we are all supposed to meet in the main hall, but I don't know why.
full board	pełne wyżywienie	You can book half- and full-board rooms with us. The full-board option includes 3 meals a day.
G		
gain advantage over somebody	zyskać przewagę nad kimś	Sarah learned Spanish while in Spain so she gained advantage over other students in her class.
gain experience	zdobyć doświadczenie	It's important to gain professional experience while at university.
gain time	zyskać na czasie	I didn't know what to do next so I simply tried to gain time.
generally speaking	ogólnie mówiąc	Generally speaking, I am interested in music and culture.
get a beating	dostać lanie	Sam got a beating for no reason.
get a grip of yourself!	weź się w garść!	You can't spend your whole life being depressed. Get a grip of yourself and do something with your life!
get a job	dostać pracę	I really should get a permanent job, I need the stability.
get a life!	zrób coś z sobą!	You're spending all of your time online. Get a life!
get a rise	dostać podwyżkę	I ran a very successful project, and as a result I got a pay rise.
get back on one's feet	stanać znów na nogi	I really struggled for a while, but I managed to get back on my feet.
get even with somebody	wyrównać z kimś rachunki	My sister was always really mean to me, but recently I was able to get even.
get in somebody's way	wchodzić komuś w drogę	Sarah always gets in my way whatever I am trying to do.
get into a conversation	nawiązać rozmowę	I always find it hard to get into a conversation with people I don't know.
get into an argument with somebody	wdać się w sprzeczkę z kimś	Mike gets into arguments with his mum all the time.
get into debt	wpaść w długi	I got into serious debt when I bought my new car.
get lost!	spadaj!	Get lost! I really don't need your mercy!
get married	pobrać się, wziąć ślub	I was married at the age of 16 and divorced at 21.
get moving!	rusz się! pośpiesz się!	We'd better get moving if we're to get there on time.
get off somebody's back	odczepić się od kogoś	Get off my back and find something else to do.
get on somebody's	działać komuś na nerwy	You are really getting on my nerves. Why can't you

nerves		just leave me alone.
get one's revenge	zemścić się	Anna always plays tricks on me, but this time I finally got my revenge!
get oneself into something	wpakować się w coś	What have I got myself into! I didn't realise how difficult it was going to be.
get out of debt	wyjscie z długów	I finally managed to get out of debt after two years of paying it back.
get something across to somebody	wytłumaczyć coś komuś	It's very hard to get any message across to Sandra so I am not looking forward to working with her.
get something right	dobrze coś zrozumieć	I'm not sure if I got it right. Can you explain it to me again?
get the feeling that	mieć/odnosić wrażenie, że	I've got a feeling that it's going to be an amazing party.
get the hang of something	opanować coś, nauczyć się czegoś	It took me a while to learn how to ski, but I think I'm finally getting the hang of it.
get the message	zrozumieć aluzję	It took me a while to explain it to the class, but they finally got the message.
get to sleep	zasnąć	I have to get to sleep early tonight. I have to be at work at 8 am tomorrow.
get to work	wziąć się do pracy	You'd better get to work if you are to finish on time. Just 30 minutes left!
give a speech	wygłosić przemówienie	Our new president gave a welcome speech in front of all the employees.
give an account of something	zdać z czegoś relację	The book gives a really good account of the history behind the last presidential elections.
give birth to a baby	urodzić dziecko	Sarah has given birth to three children and she looks absolutely amazing.
give false evidence	składać fałszywe zeznania	Giving false evidence at court is a criminal offence.
give first aid	udzielić pierwszej pomocy	You should only give first aid if you know how to, otherwise it's better to call an ambulance.
give it a rest!	daj temu spokój! odpuść sobie!	Oh, come on, give it a rest! Do you really believe what you've just said?
give it a try!	spróbuj!	Just give it a try! I know that windsurfing for the first time can be scary, but you'll grow to enjoy it!
give orders	wydawać rozkazy	Sam is not used to talking to people he works with; he only gives orders.
give pleasure	sprawiać przyjemność	Listening to classical music gives me a lot of pleasure.
give somebody a free hand	dać komuś wolną rękę	My manager gave me a free hand with the project.
give somebody a hand	pomóc komuś	I found the project really challenging so I asked Tara to give me a hand.
give somebody a hard time	dać się komuś we znaki	I had been away from work for two days. Afterwards my manager gave me a really hard time.
give somebody a lift	podwieźć kogoś	Can you give me a lift? I'm in a real hurry.
give somebody the sack	wylać kogoś z pracy	I had to give Amy the sack when, for no reason, she missed work three days in a row.
give somebody wings	dodać komuś skrzydeł	The promotion gave me wings and I am really keen on taking the challenge.
give the game away	zdradzić sekret	It's a secret so make sure you don't give the game away.
give up one's work	porzucić pracę	When she gave birth, Sarah decided to give up her work for a while longer.
go abroad	jechać za granicę	I've always wanted to study abroad.
go against the grain for somebody	wbrew czyjejś naturze	It goes against the grain for me to give up.
go ahead!	proszę bardzo!	Go ahead and try it! Skydiving is amazing!

go and see somebody	odwiedzić kogoś	I have to go and see my tutor tomorrow.
go back on one's word	nie dotrzymać słowa	We were supposed to go on holiday together, but Claire went back on her word and it didn't work out.
go camping	jechać na obóz/biwak	We are going camping next weekend so I have to buy a sleeping bag.
go down in history	przejść od historii, zapisać się w historii	The last elections will go down in history as the most broadcast ones.
go down in value	tracić na wartości	Houses were down in value recently because of the crisis.
go from one extreme to the other	popadać w skrajności	You never know what to expect from Rob. He always goes from one extreme to the other.
go halves	dzielić się po połowie	Shall we go halves on the bottle of wine?
go into details	wdawać się w szczegóły	I don't want to go into details; let's just say I am moving abroad.
go on a date	iść na randkę	I can't join you at girls night out because I am going on a date tomorrow.
go on a journey	wyruszyć w podróż	I am going on a journey to France next summer.
go on a trip	pojechać na wycieczkę	We always go on two school trips a year.
go on holiday	jechać na wakacje	I work a lot and rarely go on holiday these days.
go one step further	pójść o krok dalej	I think I might go one step further and move to Asia next year.
go out of fashion	wychodzić z mody	Mini skirts went out of fashion last year.
go through a difficult stage	przechodzić trudny okres	My family are going through a difficult stage at the moment because of my grandfather's death.
go to ruin	popaść w ruinę	My grandma's house went to ruin because no one lived there for about ten years.
go too far	posunąć się za daleko	I think you went too far. You shouldn't get too friendly in a professional environment.
God willing	jeśli Bóg pozwoli	God willing, everything will work out just fine.
good luck!	powodzenia!	Good luck. I'm sure you'll do just great at the exam!
grab the chance	skorzystać z szansy/okazji	This is such an amazing opportunity. I think you should grab the chance, it might not happen again!
great deal of something	dużo czegoś	You need a great deal of patience to be able to work with little children.
ground is burning under somebody's feet	grunt pali się komuś pod nogami	He always does everything on his own and never asks for help, unless he's got ground burning under his feet.
grow out of something	wyrosnąć z czegoś	I bought Anna a lovely dress last year, but she has already grown out of it.

H

hand in hand	trzymając się za ręce	I saw them walking hand in hand in the city centre a few days ago.
hand in one's resignation	złożyć rezygnację	I handed in my resignation today and I will cease to work in my current company in two weeks.
hands off!	ręce przy sobie! precz z łapami!	Hands off! It's my bag!
hang around with somebody	zadawać się z kimś	I like to hang around with my older brother and his friends.
hang in the air	wiszieć w powietrzu	A bad atmosphere hangs in the air. Something is definitely going to happen.
hang on!	zaczekaj!	Hang on! You forgot to take your wallet!
happen to do something	przypadkiem coś zrobić	If you happen to be in the city centre any time soon, come over and visit!
happy birthday!	wszystkiego najlepszego z okazji urodzin!	Happy birthday! I can't believe you're turning 22 already.

hardly ever	rzadko kiedy, prawie nigdy	I hardly ever go to the cinema. I much prefer DVDs.
have a breath of fresh air	zacerpnąć świeżego powietrza	Let's have a break. I need to have a breath of fresh air.
have a clean record	nie być karanym	He has a clean record.
have a command of three languages	władać trzema językami	Anna has a command of 3 languages: she is fluent in Spanish, French and German. And now she's learning Chinese.
have a day off	wziąć wolne, mieć wolny dzień	I need a day off on Monday to go to see a doctor.
have a fear of doing something	bać się coś zrobić	I have a real fear of flying so I'd much rather go to London by train.
have a good night's sleep	dobrze się wyspać	I need to have a good night's sleep; the past week has been really exhausting.
have a heart!	zlituj się!	Have a heart! It's Christmas next week and we are all stuck here till 8 pm every day! I am sure some of the work could wait till the New Year.
have a high opinion of somebody	mieć o kimś wysokie mniemanie	I had a very high opinion of my English teacher. He was always well prepared and very competent.
have a rough night	mieć ciężką noc	I'm ill and had a really rough night. Now I'm struggling to stay awake.
have a safe journey!	szczęśliwej podróży! szerokiej drogi!	Have a safe journey and let us know when you get back home!
have a sharp tongue	mieć ostry język	Sarah has a really sharp tongue and she often finds it hard to control herself, so often says unsuitable things at work.
have a sweet tooth	lubić słodczyce	I could eat chocolate all the time, I have a really sweet tooth.
have a temperature	mieć gorączkę	I am afraid I have a temperature and won't be able to come to work today.
have a voice in something	mieć coś do powiedzenia w jakiejś sprawie	I really need to have a voice in that case; I am the managing director in the end.
have a way of doing something	mieć na coś sposób	Matt has a very unique way of painting that is easy to recognise.
have a weakness for	mieć słabość do	I have a real weakness for chocolate; I could eat it all the time.
have a wide selection	mieć szeroki wybór	We have a wide selection of excellent wines. Do you prefer sweet or dry?
have a word with somebody	zamienić z kimś słowo	I am not sure if Mike is all right. I need to have a word with him.
have a working knowledge of something	mieć praktyczną wiedzę na temat czegoś	I only know basic Spanish but have a working knowledge of French.
have an early night	wcześnie położyć się spać	I'd rather have an early night tonight, I am absolutely exhausted.
have an off day	mieć zły/pechowy dzień	It's one of my off days. I simply can't do anything right.
have clean hands	mieć czyste ręce	I really haven't done anything wrong. I have clean hands.
have every reason to	mieć wszelkie powody, aby	You have every reason to complain about the package. It really was different from what you were originally sold.
have fun	dobrze się bawić	We really had fun in Portugal. I just wish we could have stayed longer.
have it all worked out	mieć wszystko dokładnie opracowane/zaplanowane	Sam always has it all worked out in advance, so I am sure he'll come well prepared this time too.
have mixed feelings	mieć mieszane uczucia	I have mixed feelings about this new girl. I am not sure if I like her yet.
have nerves of steel	mieć nerwy ze stali, mieć żelazne nerwy	David has nerves of steel, is never afraid of anything and you can dare him to do the most challenging things.

have no choice	nie mieć żadnego wyboru	I have no choice but to say yes – you're extremely persuasive.
have no equal	nie mieć równego sobie	You have no equal when it comes to cooking.
have no head for something	nie mieć głowy do czegoś	I have no head for it today. Is it really that urgent or can we wait till tomorrow?
have no manners	być źle wychowanym	Try and behave for once. Do you really have absolutely no manners?
have nothing to hide	nie mieć nic do ukrycia	I have absolutely nothing to hide. Ask whatever you like.
have one's hands full	mieć pełne ręce roboty	I have my hands full of work at the moment so I would only be able to do it for you in two weeks.
have other ideas	mieć inne plany	I really don't like the first suggestion but I'm sure Tom has some other ideas he could show us.
have somebody in one's pocket	mieć kogoś w kieszeni	I have no choice but to do what he asked me; he's got me in his pocket.
have somebody's blessing	mieć czyjeś błogosławieństwo	Mother, we're getting married and wanted to ask for your blessing.
have something in view	mieć coś na uwadze/celu	Have you got anything particular in view or are you just talking in general?
have something on the tip of one's tongue	mieć coś na końcu języka	I'm sure I know the answer. I have it on the tip of my tongue.
have the courage to do something	mieć odwagę, aby coś zrobić	Have the courage to tell him your decision.
have the support of somebody	cieszyć się czyimś poparciem	You have my full support whatever you do.
have thick skin	być gruboskórnym, niewrażliwym	I don't worry about what he says – I have thick skin.
have trouble doing something	mieć trudności w robieniu czegoś	I have serious trouble learning foreign languages.
have you considered that	czy wzięłeś pod uwagę, że	The flat is really expensive. Have you considered that the prices on the property market have fallen drastically?
having said that	choć z drugiej strony, jednak	I have been learning German for about 10 years and I can speak it well. Having said that, I must admit I haven't used it for awhile. As a result, it has got a bit rusty.
he is sure to do that	on na pewno to zrobi	Paul is sure to pass the exam. He is really well prepared.
heads or tails?	orzeł czy reszka?	– Heads, you wash the dishes, tails I do. – Heads or tails? – Heads.
heaven on earth	niebo/raj na ziemi	This is a real heaven on earth. I wish I could stay here forever.
he's doing fine	świetnie mu idzie	He still needs to fit in, but it's normal when you are a new student. Overall, he's doing just fine.
history repeats itself	historia lubi się powtarzać	Be careful before making any decisions, history often repeats itself.
hit below the belt	uderzać poniżej pasa	In the pre-election period, politicians won't hesitate to hit below the belt.
hit the bottle	często zaglądać do kieliszka	After breaking up with his girlfriend, Sam started hitting the bottle.
hitch a lift	łapać okazję (autostop)	I missed my last bus, but managed to hitch a lift home without any problems.
hold a seat for somebody	zarezerwować komuś miejsce, zająć miejsce dla kogoś	Don't worry if you run late. I will hold a seat for you.
hold down a job	zachować/utrzymać posadę	He's so unreliable that he can't hold down a job for more than a few months.
hold office	sprawować urząd	The president will hold his office for three more years.

hold one's breath	wstrzymać oddech	He held his breath when he saw her wearing the wedding dress for the first time.
hold out hope	dawać nadzieję	The recently developed treatment holds out hope for the breast cancer victims.
hold somebody in high regard	darzyć kogoś wielkim szacunkiem	I hold my maths professor in very high regard.
hold your tongue!	trzymaj język za zębami!	Hold your tongue! Have I not taught you language like that is rude and inappropriate?
home sweet home	nie ma to jak w domu	Home, sweet home! It feels so good to be back.
how are things?	co słychać?	Sarah, how are things? I feel like I haven't seen you for ages!
how are you getting along?	jak sobie radzisz?	How are you getting along? How much work have you got left?
how can you tell?	skąd wiesz?	How can you tell if he's done it on purpose?
how dare you!	jak śmiesz!	How dare you speak to me like that! I am not your friend. I am your mother's friend!
how do you feel about	co sądzisz o	How do you feel about the current situation in the Middle East?
how do you know?	skąd wiesz?	How do you know that Sam and Sarah are getting married? Did they tell you?
how do you mean?	nie bardzo rozumiem, co masz na myśli	- They won't let you in even if you have a ticket. - How do you mean?
how far is it to	jak daleko jest do	Excuse me. Do you know how far it is to the nearest bus stop?
how much do you charge?	ile wynosi opłata? ile to kosztuje?	Excuse me. How much do you charge for 15 minutes of Internet access?
how was I to know?	skąd mogłem wiedzieć?	How was I to know that we were not allowed to enter after 4 pm? I have never been here before.
how's it going?	jak leci?	How is it going? Any news?
human nature	natura ludzka	Jealousy of someone else's success is simply human nature.
human relations	stosunki międzyludzkie	Conflict has always been a big part of human relations.
hurry somebody up	poganiać/popędzać kogoś	Hurry Tom up or we'll be late for the bus.
hurry up!	pospiesz się!	Hurry up, Sam, or we'll miss the bus.
hurt somebody's feelings	zranić czyjeś uczucia	You really hurt my feelings by saying I was rude to Tom.
hurt somebody's pride	urazić czyjąś dumę	I think Laura really hurt Rory's pride by telling him he wasn't right in front of all his friends.

I

I beg to differ	pozwoli pan, że się nie zgodzę	I beg to differ. I really don't think that's the case. In fact, I believe it's quite the contrary. I think the Polish economic situation is improving.
I beg your pardon	przepraszam	I beg your pardon? Did you hear what I just said!
I can hardly believe it	z trudem mogę w to uwierzyć	I can hardly believe that Tom and Lauren are getting divorced. They've always been such a loving couple.
I can't figure it out	nie mogę tego zrozumieć/pojąć	I've been working on the task for quite a while now, but I still can't figure it out.
I can't help it	nic na to nie poradzę	I would really like to stop smoking but I simply can't help it.
I could have sworn that	mógłbym przysiąc, że	I could have sworn that it was you I saw yesterday in the city centre.
I couldn't agree more	w zupełności się z tobą zgadzam	You are totally right. I simply couldn't agree more.
I couldn't believe my eyes!	nie wierzyłem własnym oczom!	I couldn't believe my eyes when I saw Kylie walking down the High Street.

I couldn't care less	nic mnie to nie obchodzi, mam to gdzieś	I don't know if Anne is going to pass or not, but I have to admit that I couldn't care less.
I couldn't get a word in edgeways	nie mogłem dojść do słowa	It was an extremely heated discussion and I couldn't get a word in edgeways.
I didn't expect that of her	nie spodziewałem się tego po niej	When Sally quit school, it was a surprise to me. I really didn't expect that of her.
I didn't mean it	tak mi się tylko powiedziało, nie chciałem tego powiedzieć	I am really sorry I called you an idiot. I really didn't mean it. I was simply angry and didn't know what I was saying.
I didn't sleep a wink	nie zmrużyłem oka	I am absolutely knackered after last night's party. I didn't sleep a wink.
I don't buy it	nie kupuję tego (nie wierzę w to)	No matter what you say, I just don't buy it.
I get the idea	rozumiem, zaczynam rozumieć	Oh, right. I see what you mean. I finally get the idea.
I have a lump in my throat	ściska mnie w gardle	I had a lump in my throat and tried not to cry.
I have a sore throat	boli mnie gardło	I have a sore throat and a high fever. It might be the flu.
I have no intention of doing it	nie mam najmniejszego zamiaru tego robić	Now that I am already unpacked and settled, I have absolutely no intention of moving rooms.
I have nothing further to add	nie mam już nic do dodania	I have said what I had to say and have nothing further to add. Just tell me what you think.
I haven't got the slightest idea	nie mam zielonego pojęcia	Sorry, I am afraid I can't help you. I haven't got the slightest idea about the history of philosophy.
I kind of like it	trochę to lubię	I know the car is rather old and not particularly practical, but I kind of like it.
I leave it to you	zostawiam to tobie, to zależy od ciebie	I really don't mind where we go. I'll leave the decision totally to you.
I mean business	nie żartuję	I mean business when I am talking about the trip to Spain.
I object to being treated in this manner!	sprzeciwiam się takiemu traktowaniu!	I object to being treated in this manner. I think I deserve more than that!
I owe it all to you	tobie zawdzięczam wszystko	I can't thank you enough. I owe it all to you.
I see	rozumiem	I see, so you meant London, not Oxford. I didn't realise that.
I take you at your word	wierzę ci na słowo	I take you at your word and hope to see the project in three days.
I take your point	rozumiem twój punkt widzenia	I take your point but I still don't think that you are right.
I was only joking	ja tylko żartowałem	Don't be angry. I was only joking.
I would think twice before	dobrze bym się zastanowił zanim	I would think twice before signing the contract. It's a big financial commitment.
I wouldn't be so sure about that!	nie byłbym tego taki pewny!	- I'll beat you next time! - I wouldn't be so sure about that.
I'd love to	z przyjemnością	- Would like to go for dinner sometime soon? - I'd love to.
I'd never forgive myself if	nigdy bym sobie nie wybaczył, gdyby	I'd never forgive myself if I didn't take this opportunity to go and see China.
I'd rather die than do that	wolałbym umrzeć niż to zrobić	I am never going to move to South America. I'd rather die than do that!
I'll be glad to help	z przyjemnością pomogę	I'll be glad to help. Just let me know if you need a hand.
I'll be right back	zaraz wracam	I'll be right back. Wait here for five minutes.
I'll make it worth your while	nie pożałujesz tego, wynagrodzę ci to	Just come over and you won't regret it. I promise I'll make it worth your while.
I'll manage somehow	jakoś sobie poradzę	I thought you'd help me but, well, I'll manage

somehow.

I'll think about it	zastanowię się nad tym	I am not sure yet, but I will definitely think about it.
I'm aching all over	wszystko mnie boli	I went to the gym for the first time yesterday. Now I'm aching all over.
I'm all ears	zamieniam się w słuch	Tell me what happened. I am all ears.
I'm always on the run	wiecznie jestem zabiegany	I'm really sorry, but I just don't have any free time during the day. I am always on the run.
I'm fed up with it!	mam tego dość!	I'm so fed up with it all, I think I might simply quit my job.
I'm glad to hear it	miło mi to słyszeć	- I really liked your last book. - I'm glad to hear it.
I'm just thinking out loud	tylko głośno myślę	It's nothing binding, I am just thinking aloud.
I'm not in the mood for	nie jestem w nastroju do	I am really not in the mood for drinks tonight. I'd much rather stay at home.
I'm only human	jestem tylko człowiekiem	I am only human. I make mistakes, too.
I'm sorry to hear that	przykro mi to słyszeć	I am sorry to hear that you won't be staying on. May I ask why you're leaving us so soon?
I've been rushed off my feet recently	byłem ostatnio bardzo zajęty/zabiegany	I've been rushed off my feet recently and now I really need a holiday.
if all else fails	jeśli wszystko inne zawiedzie	If all else fails, we will sell the house and buy a small flat.
if I had my way	gdyby to ode mnie zależało	If I had my way of solving the problem, I wouldn't have to ask you for advice.
if I remember correctly	jeśli dobrze pamiętam	If I remember correctly, you come from Brazil. Is that right?
if it isn't too much trouble	jeśli to nie za duży kłopot	If it isn't too much trouble, I would like to stay for two more days. Would that be fine?
if my memory serves me correctly	jeśli mnie pamięć nie myli	If my memory serves me correctly, we were meant to meet tomorrow, not today.
if necessary	w razie potrzeby	I will provide copies of all the documents, if necessary.
if time permits	jeśli czas pozwoli	If time permits, we will discuss it later in more detail.
if you'll excuse me, but	proszę mi wybaczyć, ale	If you'll excuse me now, I have another meeting to go to.
ifs and buts	wymówki	I want no ifs and buts – just get on and tidy your room now.
in a broad sense of the word	w szerokim znaczeniu tego słowa	In a broad sense of the word, yes, you are right. However, there are also other meanings we have to take into consideration.
in a manner of speaking	w pewnym sensie, poniekąd	She's his partner, in a manner of speaking.
in a spot	w tarapatach	I really am in a spot and I don't know what to do.
in a way	w pewnym sensie	You are right in a way, but what you are suggesting is simply not plausible at the moment.
in a word	jednym słowem	In a word, it's a "no", and I won't change my mind.
in addition	w dodatku, ponadto	We specialise in modern fiction. In addition, we sell second-hand foreign language books.
in advance	z góry, zawczasu	Thank you in advance for all your help and support.
in aid of	na rzecz (jakiejś sprawy, np. o zbiórce pieniędzy)	We collected some donation in aid of homeless children.
in any case	w każdym razie, tak czy owak	In any case, we can go and see the movie then decide what we want to do next.
in broad daylight	w biały dzień	It was a murder in broad daylight, but there were no witnesses.
in cold blood	z zimną krwią	It was an offence committed in cold blood, you rarely see so much cruelty.

in connection with	w związku z	In connection with what you just said, yes, we are very interested in developing the company and are open to suggestions.
in due course	w właściwym/swoim czasie	Thank you for your interest in the offer. We will contact you in due course.
in every way	pod każdym względem	You are perfect in every way. I have never met anyone like you.
in fashion	modny	Purple is in fashion this season.
in fear of one's life	w obawie o własne życie	In fear of his own life, he took out the gun and shot the offender.
in fits and starts	zrywami, nieregularnie	I have always been learning languages in fits and starts and have never been particularly consistent.
in former times	dawniej, w dawnych czasach	In former times, women had very limited rights.
in full view of somebody	na czyichś oczach	He was shot dead in full view of the children.
in general	na ogół	In general, we are hoping to further develop the company in the same direction.
in good faith	w dobrej wierze	I am doing all this in good faith. I hope it will be beneficial to all of us.
in good hands	w dobrych rękach	Don't worry. Your car is in good hands. You can come and pick it up tomorrow and it will be like new.
in good shape	w dobrej formie	I feel I am in good shape at the moment as I have been doing a lot of exercise.
in high spirits	w świetnym nastroju	Anne is in high spirits tonight. I am glad to see that as she has been rather low recently.
in living memory	jak sięgnąć pamięcią	Water levels on the Vistula River haven't been this high in living memory.
in memory of somebody	ku pamięci kogoś	We are organising a meeting in memory of one of our professors who died recently.
in my opinion	moim zdaniem	In my opinion, it is a really bad idea.
in need	w potrzebie	I'm in desperate need of a holiday. I have been working too much recently.
in no case	w żadnym wypadku	In no case are we going to give up easily.
in no way	pod żadnym pozorem, wcale	I am in no way less suitable than any of the other candidates, so I'll hopefully get the job.
in office	u władzy	The current President has been in office for the past two years.
in one's heart of hearts	w głębi serca	I work in a bank, but in my heart of hearts I am really an artist. Art, however, does not pay the rent.
in other words	innymi słowy	They say they might call me back soon. In other words they are telling me politely they are not interested.
in particular	w szczególności, zwłaszcza	I am interested in the city centre in particular.
in perfect condition	w doskonałym stanie	The flat is in perfect condition and sold inexpensively.
in principle	w zasadzie	In principle, we do not employ students. You could reapply when you graduate.
in process of time	z biegiem/upływem czasu	The house was in really good condition when we bought it, but in process of time its condition deteriorated and we have to renovate it.
in public	publicznie	I really hate speaking in public. I always feel intimidated by the crowd.
in quick succession	szybko jeden po drugim	One important event was followed by another in quick succession, and I really didn't manage to follow everything carefully.
in real life	w rzeczywistości	Things like that don't happen in real life. Stop living in a fairy tale.
in recognition of	w uznaniu czegoś (np. zasług)	We would like to award you this medal in recognition of exceptional contribution to the

something		development of our company.
in relation to	w stosunku do	In relation to our last meeting, a decision has not yet been made.
in reply to your letter of	w odpowiedzi na państwa list z dnia	In reply to your letter, we would like to inform you that we have no current vacancies available.
in respect of	pod względem, w odniesieniu do	In respect of recent events, we have decided to close the cinema for the next two months.
in reward for	w nagrodę za	In reward for your hard work, you can take the day off tomorrow.
in secret	w tajemnicy	We managed to organise a party for her in secret. I am sure she will really be surprised.
in so many words	wprost, bez ogródek	It's hard to explain in so many words, but I'll try to do my best.
in somebody's place	na czyimś miejscu	If I were in your place, I would pack my bags and go without thinking twice.
in support of	popierając coś/kogoś, na znak poparcia, na rzecz	We signed a petition in support of our colleagues who were made redundant last week.
in that case	w takim razie	I am sorry to hear that you are leaving. In that case we'll have to start looking for your replacement.
in the course of time	z biegiem czasu	Many things change in the course of time.
in the depth of winter	w samym środku zimy	I always go on holiday in the very depth of winter; it's my favourite time of year.
in the distant future	w dalszej przyszłości	I am hoping to have a family, but only in the distant future. I am happy as a person could be at the moment.
in the early hours	wczesnych godzin rannych	I work best in the early hours. That's why I often get up at 5 am.
in the event	w rezultacie, ostatecznie	We had expected to arrive an hour late, but in the event we were early.
in the event of fire	w przypadku pożaru, w razie pożaru	In the event of fire, please go to the nearest fire assembly point.
in the eye of the law	w świetle prawa	In the eye of the law, you have to pay the fine or your car will be confiscated.
in the face of something	w obliczu czegoś	In the face of death I saw all the good moments of my life in front of my eyes.
in the first instance	w pierwszej kolejności	In the first instance I thought it was a bad idea, but I have warmed up to it.
in the first place	przede wszystkim	In the first place, we have managed to develop significantly in recent years. Secondly, we are expanding more than any other company in the industry.
in the general terms	ogólnie, ogólnikowo	In the general terms, the economy is going to improve.
in the light of something	w świetle czegoś	In the light of recent events, we are hoping to double the production.
in the long run	na dłuższą metę	We are going to need twice as many employees in the long run.
in the near future	w najbliższej przyszłości	We hope to expand to the east in the near future.
in the open air	na wolnym powietrzu	We are organising a play in the open air in May.
in the presence of somebody	w czyjejś obecności	I always feel stressed in the presence of Matt, he can be really intimidating.
in the present situation	w obecnej sytuacji	It is best not to sell properties in the present situation.
in the public interest	w interesie społecznym	Everything our party is doing is in the public interest.
in the right place	na właściwym miejscu	I was lucky to be in the right place in the right time, that's all.
in the shape of something	w kształcie czegoś	The flat is in the shape of a horseshoe.

in the short run	na krótką metę	It's a good solution in the short run.
in the twinkling of an eye	w oka mgnieniu	It all happened in the twinkling of an eye. I didn't even realise we were hit by a car.
in time	na czas	We got there just in time for dessert.
in view	w zasięgu wzroku	They have very clear career goals in view.
in view of	z uwagi na, biorąc pod uwagę	In view of what has happened, the decision might not be easy.
in what respect?	pod jakim względem?	In what respect are you responsible for the project?
increase in value	zyskiwać na wartości	Properties are increasing in value.
is anything the matter?	czy coś jest nie tak?	Is anything the matter? You look rather worried.
is service included?	czy opłata za obsługę jest wliczona w cenę?	- Is service included? - No, the canteen is self-service only.
is that so?	czyżby? naprawdę?	Is that so? I thought you mentioned something else yesterday.
is this seat taken?	czy to miejsce jest zajęte?	- Is this seat taken? - No, it's free.
it became clear that	stało się jasne, że	It became clear that I had no chance of getting the job.
it boggles the mind	to się w głowie nie mieści	It boggles the mind how she managed to get through university.
it came as a blow to us	to było dla nas ciosem	It came as a blow to us that Sarah decided to get divorced.
it crossed my mind	przeszło mi przez myśl	It crossed my mind to move abroad but I have never thought about it seriously.
it doesn't add up	to się nie trzyma kupy, to nie ma sensu	It doesn't add up. Have a look at it and maybe you'll manage to work it out.
it doesn't make any difference to me	to dla mnie bez różnicy	It doesn't make any difference to me. You are free to choose the movie you like.
it doesn't make sense	to nie ma sensu	Look, it doesn't make sense. I don't understand.
it doesn't matter	to nie ma znaczenia, nic nie szkodzi	It doesn't matter to me. You know I don't really care about furniture.
it doesn't pay to	nie opłaca się	It doesn't pay to buy flats at the moment, as they are going to get much cheaper soon.
it feels great to be	to wspaniałe uczucie być	After all those months of hard work, it feels great to be on holiday.
it goes without saying	to się rozumie samo przez się	It goes without saying that Oxford is one of the most beautiful British cities.
it is all go here	jest tu urwanie głowy	I really don't have time at the moment. It is all go here today. I'll call you later.
it is common knowledge that	powszechnie wiadomo, że	It is common knowledge that France and the UK don't like each other.
it is reported that	mówi się, że; podobno	It is reported that an increasing number of Poles are coming back to the country.
it leaves much to be desired	to pozostawia wiele do życzenia	The quality of your recent work leaves much to be desired. Be sure to work harder in the future.
it looks like rain	wygląda na to, że będzie padać	I was hoping to go for a walk, but now it looks like rain.
it means a lot to me	to dla mnie wiele znaczy	Thanks for all your help. It means a lot to me.
it never rains but it pours	nieszczęścia chodzą parami	First of all it was the car breaking down, then the fire in the kitchen and now Mike's accident. It never rains but it pours!
it remains to be seen if	czas pokaże, czy	It remains to be seen if the President will be re-elected.
it said in the paper that	w gazecie napisano, że	It is said in the newspaper that a new museum will open in London.
it seems to me that	wydaje mi się, że	It seems to me that the situation in Poland is

improving.

it so happens that	tak się składa, że	It so happens that I will be in the area soon, so I'll come over to visit.
it speaks for itself	to mówi samo za siebie	The movie speaks for itself and needs no recommendation.
it stands to reason that	oczywiste jest, że	It stands to reason that Anna decided to go to study in London. After all, she has family there.
it took my breath away	zapało mi dech w piersiach	The last play I saw took my breath away. I am going to see it again.
it was likely to happen	było prawdopodobne, że to się zdarzy/wydarzy	I am not surprised Mary and Mike are getting married. It was likely to happen sooner or later.
it won't help	to się na nic nie zda	It really won't help if you keep on criticising everyone.
it won't hurt	nie będzie bolało	It won't hurt if you offer to help from time to time.
it works like magic!	działa wspaniale!	This new cream works like magic! I can't believe how effective it is!
it's a load off my mind	spadł mi kamień z serca	Thanks for taking care of it, it's a load off my mind. Now, I will be able to concentrate on other things.
it's a long story	długo by opowiadać, to długa historia	It's a really long story. I'll explain some other time.
it's a scream	to jest zabawne	The movie is such a scream. Just go and see it, you won't stop laughing.
it's a shame that	szkoda, że	It's such a shame that you can't come. We were hoping to see you after all this time.
it's about time	najwyższy czas	It's about time you made up your mind about your future. You are 28.
it's all Greek to me	to dla mnie chińszczyzna	I really don't understand what you're talking about. I was never good at science, in fact, it's all Greek to me.
it's all the same to me	wszystko mi jedno	I really don't see the difference, it's all the same to me.
it's beyond me	to mnie przerasta	It's way too difficulty for me. It's simply beyond me. I give up.
it's beyond my power	to wykracza poza moje możliwości	I can't do much about it. The whole situation is beyond my power.
it's common practice	to jest na porządku dziennym	It's common practice in the UK to rent flats with some of your friends, even if you are in your thirties.
it's easy for you to say	dobrze/łatwo ci się mówi	It's easy for you to say, but I wonder what you would do if you actually were in my position.
it's getting late	robi się późno	It's getting late. I'd better go now.
it's hard to say	trudno powiedzieć	It's hard to say what the situation on the market is going to be like in the nearest future.
it's just a matter of time	to tylko kwestia czasu	It's just a matter of time until they change their mind. You'll see.
it's more than likely	to więcej niż prawdopodobne	It's more than likely that Andy is going to get accepted for the scholarship. He would be perfect for the programme.
it's my last hope	to moja ostatnia nadzieja	This company really is my last hope. I have been looking for a job for such a long time.
it's no fun	to nic przyjemnego	It's no fun having to work such long hours. I'd much rather spend the evenings at home.
it's no joke	to nie są żarty	It's no joke working as a doctor. Bear that in mind while applying to do medicine.
it's no use doing something	nie ma sensu robić czegoś	It's no use worrying about the exam yet. The results won't be out for the next two weeks.
it's none of my concern	to nie moja sprawa	It's none of my concern, but I think Lauren might be in trouble.
it's none of your	to nie twoja sprawa/interes!	It's none of your business. Leave me alone.

business!

it's not the end of the world	to nie koniec świata	It's really not the end of the world, you know. You can resit the exam in September.
it's the same old story	ciągle to samo	It's the same old story. Sam doesn't study and then he asks everyone for help when it comes time for the exam period.
it's too good to be true	to jest zbyt piękne, aby było prawdziwe	I really can't believe I got in, it's simply too good to be true.
it's typical of her	to do niej podobne	It's so typical of her. She arranges a meeting and then cancels last minute.
it's up to you	to zależy od ciebie	Where we go is up to you tonight. I really don't mind.
it's within walking distance	można tam dojść pieszo	There is no point for us to take the car. It's within walking distance.

J

job market	rynek pracy	There isn't a lot happening in the job market at the moment.
join the ranks of	dołączyć do grupy	I have recently graduated and finally joined the ranks of all the 9-5 office workers.
judging by	sądząc po	Judging by her car and clothes, she must have a really good job.
jump for joy	skakać z radości	I jumped for joy when I got the results of my finals.
jump to conclusions	wyciągać pochopne wnioski	Don't jump to conclusions. Read it all through carefully again and then tell me what you think.
just a moment	chwilczkę, momencik	Just a moment. I'll check that for you.
just as we expected	tak jak oczekiwaliśmy	We are really pleased that it all worked out just as we expected.
just in case	na wszelki wypadek	Take an umbrella just in case. It might rain later.
just my luck!	takie to już moje szczęście!	Just my luck! I missed her by 5 minutes and have to come back tomorrow.
justice has been done	sprawiedliwości stało się zadość	The robber has been caught and justice has been done at last.

K

keep a secret	dochować tajemnicy	No one knows about it yet so make sure you keep it a secret.
keep a straight face	zachować powagę	I couldn't keep a straight face whenever I looked at Sam even though I should have stayed serious because it was such an important meeting.
keep a watch on somebody	uważnie kogoś obserwować	Keep a watch on him, he's acting rather suspicious.
keep an eye on something	mieć coś na oku, pilnować	Keep an eye on the offers that come up on the market. We really need to find a flat soon.
keep calm	zachować spokój	Just keep calm, there is no reason to panic.
keep clear of something	trzymać się z dala od czegoś	Keep clear of the closing door. You could get hurt if it hit you.
keep fit	utrzymywać dobrą formę	I am keeping fit by going to dance classes three times a week.
keep in touch with somebody	być z kimś w kontakcie	I keep in touch with all of my friends who live abroad thanks to Skype and e-mails.
keep it to yourself	zachowaj to dla siebie	It is a secret so make sure that you keep it to yourself.
keep one's fingers crossed for somebody	trzymać za kogoś kciuki	All the best of luck! I will be keeping my fingers crossed for you.
keep one's head	nie tracić głowy	Make sure you keep your head all through the exam. You tend to panic for no reason.
keep quiet	być/siedzieć cicho	Keep quiet. There is an exam next door.

keep somebody at a distance	trzymać kogoś na dystans	She has always kept to herself and has had a tendency to keep everybody at a distance.
keep something in mind	mieć coś na uwadze, pamiętać o czymś	Thanks for the offer! I'll keep it in mind and let you know at the end of the week.
keep the change	proszę zatrzymać resztę (przy wydawaniu pieniędzy)	You can keep the change.
keep track of something	nadążać za czymś	I can't keep track of her whereabouts. She's moving all the time.
keep up the good work	dobra robota, oby tak dalej	Well done, Kate! Keep up the good work!
keep up with the times	iść z duchem czasu	Although she is already 75, my grandma is keeping up with the times; she has a mobile phone and uses the Internet.
keep your shirt on!	spokojnie!	Keep your shirt on! Everything will be fine.
kick somebody when he is down	kopać leżącego	You shouldn't kick somebody like that when they are down. It's immoral.
kick the bucket	umrzeć, wyciągnąć nogi, kopnąć w kalendarz	My annoying neighbour finally kicked the bucket at 98.
kick up a fuss	narobić hałasu/zamieszania	She always kicks up a fuss about the most ridiculous things. I have never met anybody that petty.
kill time	zabijać czas	I have been playing computer games all day just to kill time.
kill two birds with one stone	upiec dwie pieczenie przy jednym ogniu	Let's go to London and then to Paris on our way back. We'll kill two birds with one stone.
killed in action	poległy w boju	My brother was killed in action in Iraq.
knock it off!	przestań!	Oh come on, knock it off! She really didn't mean to do any harm. Why do you always have to complain so much?
know a thing or two	dobrze znać się na czymś; wiedzieć to i owo	I think I know a thing or two about South America. I lived there for 10 years.
know better than to do something	wiedzieć, aby czegoś nie robić	You should have really known better than to go there on your own. You know what a dangerous area it is!
know right from wrong	odróżniać dobro od zła	Sarah is so naive she simply doesn't know right from wrong.
know somebody by sight	znać kogoś z widzenia	I only know Tim by sight. In fact, I have never met him.
know somebody through and through	znać kogoś na wylot	We know each other through and through. We have been the best of friends since primary school.
know something by experience	znać coś z doświadczenia	I only know marketing by experience. I have no formal education in the area.
know what's what	wiedzieć co i jak	Sam really knows what's what in the industry.

L

labour of love	bezinteresowna praca, praca wykonywana z zamiłowaniem	It's a real labour of love.
lack of confidence	brak pewności siebie	My lack of confidence always prevented me from getting what I wanted.
lame excuse	kiepska wymówka	It really is a lame excuse. We will be there in 30 minutes. You are going out with us whether you like it or not.
land oneself in trouble	wpaść w tarapaty	I landed myself in real trouble and I don't know what to do next.
last but not least	ostatni, ale nie mniej ważny (od poprzedników)	And last but not least, let me introduce our managing director, Mister Eric Brown.
last but one	przedostatni	I'll be done in a second. I am now reading the last but one page.

late into the night	do późna w nocy	I had to work late into the night yesterday as my essay's deadline was today.
laugh from ear to ear	śmiać się od ucha do ucha	Sarah is such a positive person; she laughs from ear to ear all the time.
lead a double life	wieść podwójne życie	Tim is really leading a double life: he has a wife and a daughter, but also a lover who is pregnant.
least of all	na pewno nie, zwłaszcza nie	No one believed Sally, least of all the police
leave behind	zostawić, zapomnieć	I have to leave the past behind me and move on at last.
leave empty-handed	odejść z pustymi rękami	I went shopping but left the shopping centre empty-handed. I just couldn't find anything that I liked.
leave no stone unturned	poruszyć niebo i ziemię	I left no stone unturned but still couldn't find the necklace! I think I lost it for good.
leave nothing to chance	nie pozostawiać niczego przypadkowi	Anne leaves nothing to chance and always considers all possible scenarios before she makes a decision.
leave somebody in the lurch	opuścić kogoś w potrzebie	Matt left me in the lurch when I really needed him. I am really disappointed. I thought he was a true friend.
leave somebody with no choice	nie pozostawić komuś wyboru	You leave me with no choice but to call your parents. Maybe you'll behave yourself in the future.
let me get this right	niech to dobrze zrozumiem	Let me get this right: you are only applying for the course because you think that the boys taking it are good looking, right?
let me think	niech pomyślę	Let me think. In my opinion the red one might be a bit more suitable for the occasion.
let that be a lesson to you	niech to będzie dla ciebie nauką	I know that it wasn't pleasant, but let it be a lesson to you. You'll be more careful in the future.
let things take their course	zostawić sprawy własnemu biegowi	Don't plan too much and let things take their course. It will all work out.
let's hope for the best	bądźmy dobrej myśli	Let's just wait and hope for the best. It has to work out fine in the end.
let's meet at my place	spotkajmy się u mnie	Let's meet at my place and then we can go to town. It will be much easier that way.
lie in somebody's hands	leżeć w czyichś rękach; zależeć od kogoś	Everything lies in your hands at the moment, so be very careful when you make up your mind.
lift somebody's spirits	podnieść kogoś na duchu	The movie really lifted my spirits. I felt low before I watched it but my mood is much better now.
light as a feather	lekki jak piórko	She has low self-esteem because she thinks she is fat, but she really is light as a feather.
like father, like son	jaki ojciec, taki syn; niedaleko pada jabłko od jabłoni	I could have expected it from you; like father, like son. It seems like it all runs in the family.
like it or lump it	czy ci się podoba czy nie	Like it or lump it, exams are compulsory at the end of every school year.
little by little	stopniowo, po trochu	I really didn't like Kate when I met her, but, little by little, I have grown to like her a lot.
little known	mało znany	It is a little known fact that I am a very good dancer.
live day to day	żyć z dnia na dzień	I am making no plans for the future at the moment. I'm simply enjoying living day to day.
live in a dream world	żyć marzeniami	It's so hard to reason with Claire. She lives in a dream world of her own.
live in fear	żyć w strachu	I live in constant fear of getting fired. My job is extremely demanding and competitive, and I feel like I am failing to keep up with the pace.
live in the past	żyć przeszłością	You can't keep on living in the past. Nothing will change what happened, but you have to move on.
live like cat and dog	żyć jak pies z kotem	Sam and Tom live like cat and dog. I am so fed up with listening to their constant fights.
load of rubbish	stek bzdur	What you're saying is just a load of rubbish. I don't

		believe a word of it.
loaf about	obijać się, próżniaczyć	Stop loafing about and do some work finally. We have 2 days till the finals and you haven't done any studying yet.
long time no see!	kopę lat się nie widzieliśmy!	Long time no see, Kate! Where have you been this past year?
look alive!	rusz się!	My god, you are so extremely lazy! Make some effort! At least look alive!
look down one's nose on somebody	pogardzać kimś, patrzeć na kogoś z góry	Sally is so stuck up. She looks down her nose on everybody in her class.
look for a job	szukać pracy	I am looking for a job at the moment and am really struggling to find any interesting offers.
look forward to something	nie móc się doczekać czegoś	I am really looking forward to Christmas this year.
look on the bright side	spojrzeć optymistycznie, z dobrej strony	Look on the bright side, Tim. Now that you are single again, you will have much more time for your friends and yourself.
look one's age	wyglądać na swój wiek	Kate doesn't look her age at all! I thought she was 25 and she is really 31.
look out!	uważaj! ostrożnie!	Look out! There is a wire sticking out of that wall, you could hurt yourself.
look somebody in the face	spojrzeć komuś w twarz	Look me in the face and tell me you didn't do it!
look somebody up and down	zmierzyć kogoś wzrokiem	I felt really intimidated and lost all of my self-confidence when, on entering the office, I was looked up and down by my new assistant.
look to the future	patrzeć w przyszłość	Stop worrying about the current situation. Look to the future, it will only get better.
look up to somebody	podziwiać kogoś	I always looked up to my sister and wanted to be just like her.
look who's talking!	i kto to mówi?!	Look who's talking! Now you're so smart, but who was it that was too afraid to call Mark last time?
lose a job	stracić pracę	I lost my job a month ago and have been looking for a new post ever since.
lose confidence in somebody	stracić do kogoś zaufanie	I thought Laura was reliable but I have recently lost all confidence in her.
lose count of something	stracić rachubę czegoś	I simply lost count of how many countries he's been to; he travels all the time.
lose heart	tracić nadzieję/ducha	I lost heart after not having heard from them for two weeks.
lose one's head	tracić głowę	Don't lose your head! It's just an exam, everything will be fine. Just stay calm and focused.
lose one's tongue	zapomnieć języka w gębie	I am usually good at public speaking, but this time I lost my tongue in the very beginning and struggled throughout.
lose sight of something	stracić coś z oczu	I lost sight of her for only a minute. Then she was gone and I had to report it to the police.
love at first sight	miłość od pierwszego wejrzenia	Matt and Sarah met last year and it was love at first sight. They are going to get married soon.
lucky dog	szczęściarz	I can't believe you've just won all this money. You lucky dog!
lump it	pogodzić się, wytrzymać	Well, you'll just have to lump it. You can't have everything, can you?
M		
made for each other	stworzeni dla siebie	Ron and Katie were simply made for each other. I can't imagine a better match.
make a big deal out of something	wyolbrzymiać coś	I hate when people make a big deal out of nothing.
make a comparison	dokonać porównania	As homework, make a comparison of Christmas in your country and in the UK.

make a deal	dogadać się, dojść do porozumienia	Let's make a deal. I will clean the kitchen every day provided that you do my homework.
make a fire	rozpalić ognisko	I learned how to make a fire when I was a boy scout.
make a fool of oneself	zrobić z siebie głupka	I made an utter fool of myself on my first day at work.
make a hit with somebody	przypaść komuś do gustu	Lauren made an absolute hit with everybody on her first day at the new school. They all loved her.
make a joke of	stroić sobie żarty z	It's inappropriate to make jokes of other cultures when you're working in such a multinational company.
make a killing	zbić fortunę	He made a killing on tourism and language schools. He was the first one to start working in the industry in his town and it paid off.
make a loss	ponieść straty	We made a big loss on shares last year when the prices suddenly dropped.
make a mistake	popęlić błąd, pomylić się	I am so sorry, I made an awful mistake. It won't happen again.
make a noise	hałasować	Stop making that annoying noise. I am trying to work here.
make a profit	osiągnąć zysk	We made a lot of profit on the new product and will try to double it over the next year.
make a run for it	rzucić się do ucieczki	When they saw the fire, all the inhabitants of the building made a run for it.
make a spectacle of oneself	robić z siebie widowisko	Cara is a bit weird and she always manages to make a spectacle of herself when you least expect it.
make a statement	złożyć oświadczenie	I would like to make a statement: Robin and I are getting married next summer.
make a wish	pomyśleć sobie życzenie	Happy birthday, Tim! Make a wish and I am sure it will come true.
make an appointment	ustalić termin spotkania	I have to make an appointment with my doctor for tomorrow. I have been rather unwell recently.
make an attempt at doing something	podjąć próbę zrobienia czegoś	I made yet another attempt at learning Italian but I did not carry on with the course, so it didn't work out.
make an effort to do something	postarać się coś zrobić, wysilić się	I made a lot of effort for the party to be amazing but almost no one turned up. What a disappointment!
make an offer	składać ofertę	We are going to make a sales offer to the new client. Let's just hope he'll like it!
make arrangements for	czynić przygotowania do	We have to make all the arrangements for our next holiday. We are running out of time and there is so much to do.
make believe that	udawać, że	Children often make believe that they are adults.
make do with something	zadowolić się czymś	We didn't have cupboards so we made do with boxes.
make do without something	dać sobie radę bez czegoś, obejść się	I can really make do without a TV. I am not too bothered and there is really nothing on anyway.
make friends with somebody	zaprzyjaźnić się z kimś	Sam and I made friends on the first day of school and we have stayed in touch ever since.
make good use of something	dobrze coś wykorzystać	Make good use of the money and don't just waste it on new clothes and shoes.
make it	zdażyć, udać się	We made it for the last train.
make light work of something	ułatwiać sobie pracę	I will bring you some good dictionaries, they will make light work of this translation of yours.
make little of something	lekceważyć coś	Although we warned her it was dangerous to go there, she made very little of what we said and decided to risk it.
make no secret of	nie robić z czegoś tajemnicy	I am making no secret of the fact that I am going to leave the company soon. Everyone knows that

something		already.
make one's way	przedzierać się, torować sobie drogę	Laura had to make her way to school through the mud.
make peace	zawrzeć pokój	"Make peace, not war" is what a famous maxim says.
make room for	robić miejsce dla	Make room for the dessert. I have a lovely cake.
make short work of something	szybko się z czymś uporać	Kate is always super efficient. I gave her this boring task and she made short work of it.
make somebody angry	rozgniewać kogoś	You made me really angry last night and I don't really want to discuss it now.
make something public	ujawnić coś	It was made public that our prime minister is going to run for president next year.
make sure that	postarać się, aby; dopilnować, żeby	OK, but make sure that you close all the windows before you leave.
make the bed	pościelić łóżko	Karen never makes her bed before she leaves for work.
make things difficult	pogarszać sprawę	Why do you always have to make things so difficult. Just try and be helpful for once.
matter of life and death	sprawa życia i śmierci	This really is a matter of life and death and I will desperately need your help.
mean no harm	nie mieć złych zamiarów	I am sure Tom meant no harm, he must have made a mistake.
meet one's match	trafić na równego sobie, godnego przeciwnika	Sarah has always been so stuck up, but now we have a new girl at work and she has finally met her match. I am sure it will be interesting.
mind the step!	uwaga na stopień!	Be careful and mind the step! It's quite high.
mind your own business!	pilnuj własnych spraw! nie wtrącaj się!	Mind your own business. It's a very private issue and I don't want to talk about it.
miss a chance	przegapić okazję	I can't believe I missed such an amazing chance! It might not happen again.
mix business with pleasure	łączyć przyjemne z pożytecznym	I don't like mixing business with pleasure. I'd much rather not talk about work now. Let's leave it till tomorrow.
money is no object	pieniądze nie odgrywają żadnej roli	Money is no object in this case. I don't care how much it is, I simply have to have this house.
money talks	pieniądz rządzi światem	The rules in the film industry are simple: money talks.
monkey business	machlojki	I am not sure I want to get involved in it. It looks like monkey business to me.
moot point	kwestia sporna	The plot of land between our two houses became a moot point for me and my neighbour. We have been arguing about it for over a year now.
move heaven and earth	poruszyć niebo i ziemię	I moved heaven and earth to find this book for you but it's simply not available.
mum's the word!	nikomu ani słowa!	Just remember, mum's the word. They can't hear anything about it!
my heart sank	opuściła mnie odwaga	My heart sunk when I saw what the workers did to my kitchen. It was supposed to look totally different.
my nose is running	mam katar, cieknie mi z nosa	My nose is running and I have a sore throat. I think I have a cold again.

N

near to my heart	bliski memu sercu	Spain has always been near to my heart and I think I will move there when I retire.
necessary evil	zło konieczne	Exams are a necessary evil, I am afraid. You just can't avoid them.
never mind about	mniej o	Never mind about yesterday. We'll make up for it another time.

never say die!	nie poddawaj się!	Never say die! You have to try until the very end. Chances are it will work out just fine!
next door	po sąsiedzku, obok	Sally lives next door, under 23, not here at 22.
no chance!	nie ma mowy! nic z tego!	No chance! I won't let you in!
no hard feelings!	bez urazy!	No hard feelings Sam, but I really had to do it. It's nothing personal, just business.
no harm done	nic złego się nie stało	Don't worry, there was no harm done, we managed to act in time.
no pain, no gain	bez pracy nie ma kołaczy	We worked for the past three nights and are knackered, but the efforts were worth it. You know what they say, "no pain, no gain".
no problem!	nie ma sprawy!	No problem! I'll go and fetch it for you now.
no strings attached	bez zobowiązań, bez dodatkowych warunków	Our offers have no strings attached.
none the worse	wcale nie gorszy/gorzej	Sarah is a really good volleyball player and I am none the worse. I don't see why I shouldn't be in the team.
not count for much	nie mieć większego znaczenia	My experience doesn't count for much here.
not for the world	za nic na świecie	I wouldn't live anywhere else but London; not for the world.
not on your life!	nigdy w życiu!	- You should have given him a lift! - In that condition? Not on your life!
not to be outdone	żeby nie być gorszym	I have to work more and more simply not to be outdone. My company is extremely competitive.
nothing compares to	nic nie może się równać z	Nothing compares to a long lazy evening with a good book and a cup of hot chocolate, when it's freezing outside.
nothing ever happens here	tu się nigdy nic nie dzieje	It's such a boring little town, nothing ever happens here.
nothing of interest	nic ciekawego	- What's that? - Nothing of interest to you.
nothing of the kind	nic podobnego, nic z tych rzeczy	- You are most likely planning on buying a new car! - Nothing of the kind. You are totally wrong.
nothing succeeds like success	sukces rodzi sukces	From the moment she got promoted, it's been going well for her. Nothing succeeds like success in the end.
nothing to speak of	nic, o czym warto mówić	We have absolutely nothing to speak of. I am really disappointed with what you've done.
nothing to write home about	nic szczególnego	It's really disappointing here. I have nothing to write home about.

O

odds and ends	różności, drobiazgi	There are a few odds and ends left on the lawn.
of little account	mało istotny	I have done many different jobs, however, they are of little account when it comes to the post I am applying for.
of some sort	jakiś	There must be life of some sort on other planets.
of substance	istotny, ważny	I have to come up with a theory of substance to make this essay valuable. Otherwise, I will fail the subject.
off duty	po dyżurze, po pracy	I am off duty on Friday, so give me a call on Monday and we'll discuss it.
off the record	nieoficjalnie	There will be pay raises next year, however, it's off the record, so keep it to yourself.
off the top of one's head	z głowy, bez namysłu	I can't recall off the top of my head. I would have to check it for you.
on a level with	na tym samym poziomie, na równi z	I feel I am on the level with Soma when it comes to languages, but he is favoured by all the teachers.
on a scale from 1 to	w skali od 1 do 10	On a scale from 1 to 10, I would give the movie a

10		6.
on arrival	po przybyciu, w chwili przybycia	On arrival, please register with our staff member.
on average	przeciętnie	On average, our students achieve two A's and one B during their final exams.
on balance	biorąc wszystko pod uwagę	On balance, he agreed with Tim.
on duty	na dyżurze, w czasie pracy	I am on duty on Monday night, so I can't meet you then.
on easy terms	na dogodnych warunkach	I am happy to sign the agreement on easy terms. We have been working together for quite a while now and I do trust you.
on no account	pod żadnym pozorem	On no account am I going to agree to sign that contract. It's not legally binding.
on occasion	czasami	I specialise in translating from English but also, on occasion, I do translations from French.
on one hand... on the other hand...	z jednej strony... z drugiej strony...	On one hand, it would be a good idea to buy a house. On the other hand, a flat in the centre would be an easier option.
on pins and needles	jak na szpilkach	She has been on pins and needles awaiting her exam results.
on principle	dla zasady, z zasady	I don't go out on Sunday on principle.
on public display	na widoku publicznym	The queen's jewels are on public display in the Tower of London.
on purpose	celowo	I am sure you did it on purpose. You just wanted to annoy me.
on the basis of something	na podstawie czegoś	Your marks will be given to you on the basis of your performance in class and on the final test.
on the dot	co do minuty	You must be here at 3 pm on the dot, otherwise we won't be able to get in.
on the edge of something	na skraju czegoś (także przenośnie)	The show is amazing! Most of the time the audience is on the edge of their seats.
on the face of it	na pozór	On the face of it, it seems like a bargain, but I bet there are hidden costs.
on the grounds of	z powodu	I was fired on the grounds of misconduct and poor performance.
on the grounds that	z powodu tego, że	I was fired on the grounds that I didn't perform well and misbehaved.
on the left	po lewej, z lewej strony	Go straight on and the house will be on the left.
on the level	uczciwy, legalny	He is always on the level. I have never heard him lie.
on the mark	trafny (np. komentarz)	Your comment during the meeting was absolutely on the mark. I was really impressed.
on the principle that	zgodnie z zasadą, że	The organization works on the principle that all members have the same rights.
on the right	po prawej, z prawej strony	The bank is on the right of the main road, not on the left.
on the rocks	z lodem (drink)	Rum on the rocks please.
on the same day	tego samego dnia	If you make a booking, we need a written confirmation from you on the same day.
on the spot	na miejscu, od razu	We can issue library passes on the spot. All you have to bring is a passport picture.
on the spur of the moment	spontanicznie	We decided to go to Portugal on the spur of the moment, and now we have absolutely nothing planned.
on the surface	z pozoru	She is very serious and imposing on the surface but she really is a nice and warm person.
on this score	w tym względzie	I really have nothing to say on this score. Let's change the subject.
on time	punktualnie	I am always on time. I hate people who are late.
on top of everything	na domiar wszystkiego	I have to clean the flat, do the shopping, pick the

kids up from school, and on top of everything, I have to go to the bank, and pay the bills.

once upon a time	dawno, dawno temu; pewnego razu	Once upon a time, far, far away, there lived a prince and a princess.
one after another	jeden po drugim	They were all getting ill; one after another. By the end of the week half of my department was ill.
one false move	jeden fałszywy ruch/krok	It's extremely dangerous! One false move and you are out.
one thing you can be sure of	jednego możesz być pewien	One thing you can be sure of is that I will be there whenever you need me.
one way or another	w taki czy inny sposób	One way or another, we have to check all the papers.
out of breath	zdyszany	I am completely out of breath. I have been running from the bus stop. Give me two seconds and I will be ready for the meeting.
out of harm's way	z dala od niebezpieczeństwa	Because I don't like risk, I try to keep myself out of harm's way.
out of reach	poza zasięgiem, nieosiągalny	Unfortunately, the house is out of our reach at the moment. We can only afford a smaller flat.
out of shape	bez kondycji, bez formy	I am really out of shape at the moment, I haven't exercised at all for the past few months.
out of sight, out of mind	co z oczu, to z serca	I can't continue to meet Josh as I will never be able to get over him. Out of sight, out of mind, as they say.
over and over again	ciągle, w kółko	I have been telling you over and over again that you have to tidy up and you still haven't done that.
over my dead body	po moim trupie	Over my dead body! I will never move to London.
over the years	przez wszystkie te lata	I spoke no French when I moved to Paris, however, over the years I managed to pick up enough to work in a French company.

P

pack of lies	stek kłamstw	This is just a pack of lies. I don't believe a word of what you just said.
pack one's bags	pakować manatki	I will have to pack my bags in advance, if I want to make it on time.
pass an exam	zdać egzamin	I finally passed my final exam and I am officially a university graduate.
pay attention to something	zwracać na coś uwagę	I pay attention to clothes as looks mean a lot to me.
pay somebody back with interest	odpłacić komuś z nawiązką; spłacić z odsetkami	Thanks for the money. I will pay you back with interest as soon as I can.
pay through the nose for something	przepłacić coś, zapłacić za dużo	I didn't realise that the other shop sold the same book at half price. Unfortunately, I have already paid through the nose for it.
peace talks	rozmowy pokojowe	The government is in the middle of peace talks that will solve the current situation in the Middle East.
people of like mind	ludzie o podobnych poglądach	People of like minds get along well. There's nothing surprising about that.
people say that	mówi się, że	People say it is difficult to get into this company, but I want to see for myself.
perform a task	wykonać zadanie	I always perform all tasks to the best of my abilities.
personal belongings	rzeczy osobiste	Please keep all your personal belongings with you at all times.
pick and choose	przebierać, wybierać, grymasić	You can pick and choose whatever you want, I pay!
piece of cake	łatwizna, bułka z masłem	This is simply a piece of cake for me! I have always been good at maths.
place a bet on something	postawić na coś (zakład)	I placed a bet on Spain to win the match and I won £10.

place an advertisement	dać ogłoszenie	I placed an advertisement about the job vacancy, however, I have not received a response yet.
place an order	składać zamówienie	Are you ready to place an order or do you need some more time?
place confidence in somebody	pokładać w kimś zaufanie	I place a great deal of confidence in you, do not disappoint me.
place emphasis on something	kłaść na coś nacisk, podkreślać	I place a great amount of emphasis on homework; it will account for 30% of your final mark.
place importance on something	przywiązywać wagę do czegoś	I place almost no importance on attendance. It is up to you whether you attend the lectures or not.
play a trick on somebody	zrobić komuś kawał	I always get annoyed when my brother plays tricks on me.
play by the rules	grać zgodnie z zasadami	Sam always plays by the rules. He is the most honest person I have ever met.
play cards	grać w karty	I play cards whenever I need to kill time.
play the fool	wygłupiać się	Don't play the fool! I am sure you know what I'm talking about.
play with fire	igrać z ogniem, kusić los	If I were you, I wouldn't do that. It's really like playing with fire.
pluck up the courage	zebrać się na odwagę	I decided to pluck up the courage and ask my boss for a pay rise.
poke fun at	kpić sobie z	Stop poking fun at me, it's getting really annoying.
pose a threat	stanowić zagrożenie	Drunk driving poses a threat of causing a car accident.
pretty well	dość dobrze	I know Kate pretty well but I can't say we're best friends.
price range	przedział cenowy	I can only spend between 100 and 150 pounds. Have you got anything within that price range?
prove somebody wrong	udowodnić komuś, że się myli	Sam came to class well prepared, and managed to prove our teacher wrong.
public enemy number one	wróg publiczny numer jeden	The prime minister is now considered public enemy number one because of what he stated during the last meeting.
pull somebody's leg	nabierać kogoś	You pulled my leg! I really thought you were telling me the truth.
push one's luck	kusić los	Don't push your luck. I think you should be cautious of what you do next.
push somebody to the wall	przycierać kogoś do muru	When I was pushed to the wall, I made my mind up then and there.
put a lot of effort into something	wkładać w coś dużo wysiłku	I have put a lot of effort into this project. I hope it works.
put all one's eggs in one basket	postawić wszystko na jedną kartę	I know it's risky, but I have decided to put all my eggs into one basket and see what happens.
put much work in something	wkładać w coś dużo pracy	I didn't put much work into the last essay I wrote, and as a result, I received a low mark.
put one's foot in it	popęłnić gafę	I really didn't mean to interfere and totally unintentionally I put my foot in it.
put one's heart into something	wkładać w coś serce	I really put my heart into the last play we were staging and it was a major success.
put out a fire	ugasić pożar	I managed to put out the fire before the fire brigade arrived.
put somebody at risk	narażać kogoś	Because I don't want to put you at risk, it would be best if you didn't go with me.
put somebody in an awkward situation	postawić kogoś w niezręcznej sytuacji	You really shouldn't have said that. You've now put me in a really awkward situation.
put somebody straight	wyjaśnić coś komuś, wyprowadzić kogoś z błędu	I managed to put Sam straight when I told him all the details.
put something into	wbijać komuś coś do głowy	I don't know what they put into your head while

somebody's head		you worked there, but this is not an acceptable behaviour here.
put something into the same bag	wrzucić coś do jednego worka	You shouldn't put all the modern paintings into the same bag. There are different trends and movements.
put something to the test	poddać coś próbie	This conference will put Anne to the test. It's the first event she is coordinating on her own.
put the blame on somebody	zrzucić winę na kogoś	It's always easy to put the blame on somebody else rather than admit you made a mistake.

Q

quality of life	jakość życia	The quality of life in Poland has improved significantly over the last 20 years.
question of taste	sprawa/kwestia gustu	Interior design is purely a question of taste. I don't like dark walls but that's my opinion.

R

race against time	wyścig z czasem	We are working within very tight deadlines. It is a race against time.
rack one's brains for something	łamać sobie nad czymś głowę	I racked my brain for hours trying to recall her name.
raise one's voice	podnosić głos	Don't raise your voice! There is really no need to get annoyed.
raise somebody's hopes	robić komuś nadzieję	The company raised my hopes for the job when they told me they would get back to me soon. Unfortunately they never did.
raise the alarm	wszczać alarm	We unnecessarily raised the alarm. It turned out there was no need to panic.
ranging from... to...	począwszy od..., a skończywszy na...	We have a number of different laptops to offer: ranging from very basic older models to the most modern developments.
rate a mention	być wartym wspomnienia/wzmianki	I am not sure if this new product rates a mention at our annual summary meeting.
rate of interest	stopa procentowa	What's the rate of interest for the loan?
reach an agreement on	osiągnąć porozumienie w	After 3 days of animated discussion we managed to reach an agreement on the issue.
reach as far as	sięgnąć aż do	The mobile network signal only reaches as far as the centre of the village. I have no reception at home.
read somebody's mind	czytać komuś w myślach	You read my mind! How did you know that I wanted this book for Christmas?
refresh somebody's memory	odświeżyć komuś pamięć	I don't remember. I have to refresh my memory and then I'll be able to answer you.
regular customer	stały klient	Mr Brown is our regular customer. He has dined with us for the past 10 years.
remain a mystery	pozostawać tajemnicą	I lost my ring approximately a year ago, and where I left it remains a mystery.
resort to force	uciekać się do użycia siły	Even though I didn't want to I had to resort to force to solve the problem.
result in failure	zakończyć się niepowodzeniem	Their attempt to climb Mount Everest resulted in failure.
result in something	kończyć się czymś, spowodować coś	The advertising campaign resulted in increased sales of the book.
retire from public life	wycofać się z życia publicznego	I retired from public life at the age of 67.
return a call	oddzwonić	Why are you not returning my calls? I have been trying to contact you for approximately two weeks now.
return to normal	wracać do normy	I have to return to normal now after 3 weeks on holiday.

reveal a secret	zdradzić tajemnicę/sekret	I will tell you, however, make sure you don't reveal my secret to anyone.
right now	właśnie teraz, w tej chwili	I can't talk right now. Call me in 15 minutes.
right on the spot	na miejscu, natychmiast	Can we do it right on the spot? Unfortunately not, you have to book in advance.
ring a bell	brzmieć znajomo	The name rings a bell. Let me think, I must have met him somewhere.
rise to fame	zdobyć sławę	She rose to fame as a singer at the age of 16.
rise to the occasion	stanać na wysokości zadania	Sam rose to the occasion during the last presentation. I am really impressed with his recent work.
risk one's neck	nadstawiać karku, ryzykować	I have been risking my neck to help you, and you didn't even say thank you.
run a test	przeprowadzić test	We are currently running a test on the new TV model, and we hope it will be on sale in January.
run for office	ubiegać się o urząd	Our president is running for office for the second time in a row.
run for one's life	ratować się ucieczką	We have to run for our lives, that's our only hope!
run for shelter	szukać schronienia	There's no point in walking, it's pouring down rain. Let's run for shelter!
run of bad luck	zła passa	Nothing was going right; he was having a run of bad luck.
run of good luck	dobra passa	My run of good luck has come to an end.

S

save face	zachować twarz	I have to take better care next time if I am to save my face.
save somebody the trouble	zaoszczędzić komuś trudu	Sam wanted to save me the trouble and help, but in reality he generated more work for me.
save somebody's life	uratować komuś życie	You saved my life! I don't know how to thank you!
say something to somebody's face	powiedzieć coś komuś prosto w oczy	I couldn't believe it! He said to my face that I was not good at what I did.
search high and low	szukać wszędzie, przetrząsnąć wszystko	I was searching high and low to get the book, but it was not available anywhere.
see for oneself	zobaczyć na własne oczy	If you don't believe me that it's not doable, you can try and see for yourself.
see somebody to the station	odprowadzić kogoś na dworzec	I'll see you to the station. I need to do some shopping in the nearby market anyway.
see to something	zająć się czymś, dopilnować	Don't worry, I'll see to the tea. Just sit down and relax.
see you soon!	do zobaczenia wkrótce!	See you soon! Let me know when you are in the area.
sense of humour	poczucie humoru	She has absolutely no sense of humour.
serve the purpose	być odpowiednim, nadać się	It serves the purpose very well. I don't see the reason why we should introduce any changes.
set a date	ustalić datę/termin	Let's set a date right away, it will be easier.
set a good example	dawać dobry przykład	Try to set a good example for all the younger students. They look up to you.
set a record	ustanowić rekord	The last world record in 100 meters was set two months ago.
set one's heart on something	zapragnąć czegoś	I have set my heart on going to the seaside for the summer.
set somebody free	uwolnić kogoś	The prisoners were set free two weeks before the appointed date.
set something on fire	podpalić coś	He was accused of setting the school on fire.
set something to rights	uporządkować coś	Because all our procedures were in a mess, we had to set them to rights.

shake hands with somebody	uściskać komuś rękę	The old man shook hands with his son, and the tears came into his eyes as he did so.
shake one's head	kręcić/potrząsać głową	She shook her head indicating her disagreement.
shame on you!	wstydz się!	Shame on you! You know you shouldn't have behaved like that!
share somebody's point of view	podzielać czyjś punkt widzenia	I don't share your point of view at all. Do you really believe what you've just said?
she let it slip that	wymknęło jej się, że	She let it slip in front of our manager that she was applying for a different job with the competition.
show evidence of something	przejawiać oznaki czegoś	The car shows absolutely no evidence of having been broken into.
show respect to somebody	okazać komuś szacunek	You should show respect to your parents.
show somebody the door	pokazać komuś drzwi	She didn't want to talk to me anymore and simply showed me the door.
show your stuff!	pokaż, co potrafisz!	Show your stuff Tim, I know you can do it!
shrug one's shoulders	wzruszyć ramionami	I asked you a question. Don't shrug your shoulders, answer me!
sign of the times	znak czasu	Globalisation is a sign of our times.
sleep like a log	spać jak kłoda	It is simply impossible to wake her up in the middle of the night, she sleeps like a log.
sleep on it	przemyśleć, przespać się z tym	I really don't know. I will have to sleep on it and let you know tomorrow.
sleep tight!	śpij dobrze!	Sleep tight and I'll speak to you tomorrow.
smash something to pieces	rozbić coś na kawałki	I dropped the plate and it smashed to pieces.
smell a rat	przeczuć pismo nosem	There's something not right; I smell a rat.
smile at the thought of	uśmiechać się na myśl o	I always smile at the thought of the holiday in Spain last year.
so be it!	niech tak będzie!	- I'm going to do that whether you like it or not. - So be it!
so it appears	na to wygląda	The sales of the new book are increasing, at least so it appears.
so it would seem	tak by się wydawało	She should have an amazing career, at least so it would seem, with the education she has.
so much so that	do tego stopnia, że	I have been working diligently so much so that everything is ready before Christmas.
so to speak	że tak powiem	The five countries have now passed, so to speak, their test and will be admitted to the EU.
social life	życie towarzyskie	I have absolutely no social life at the moment, my job takes all my time.
some other time	innym razem	I really can't make it. I'll meet you some other time.
some people have all the luck!	niektórzy to mają szczęście!	Claire always gets what she wants. It seems like some people have all the luck.
somebody's days are numbered	czyjeś dni są policzone	I think Sam's days are numbered here. He'd better start looking for a new job.
somehow or other	jakoś, w jakiś sposób	We'll manage to solve the problem somehow or other.
something like that	coś w tym rodzaju	I think Allan lives in near Bindley or Bromley, or something like that.
something runs in one's blood	mieć coś we krwi	Acting runs in my blood, both of my parents are actors.
sorry to trouble you but	przepraszam, że przeszkadzam, ale	Sorry to trouble you again, but I have one more question to ask.
sound and safe	cały i zdrów	They are all going to come back sound and safe about 5 pm tomorrow.

sound familiar	brzmieć znajomo	This sounds really familiar. I am sure I must have heard this song before.
sounds like fun	brzmi nieźle	It really sounds like fun! I would love to go there sometime soon.
spare parts	części zamienne/zapasowe	I have to go and buy some spare parts for the car.
speak badly of somebody	źle o kimś mówić	I have never heard anyone speak badly of Sarah, everybody likes her.
speak for yourself!	mów za siebie!	Speak for yourself! I am the total opposite, I hate summer!
speak highly of somebody	dobrze się o kimś wyrażać	Sam speaks very highly of Tim. I really can't wait to meet him.
speak one's mind	mówić, co się myśli	Tim always speaks his mind and doesn't care what others think.
spend money like water	szastać pieniędzmi na prawo i lewo	I always spend money like water, and I have to borrow from my parents at the end of the month.
split hairs	dzielić włos na czworo	Stop splitting hairs, you know very well what I mean.
split the cost	podzielić się kosztami	May we split the cost of the present? I can't afford all of that.
split the difference	pójść na kompromis, dobić targu	We've managed to split the difference and have finally agreed on the final cost.
split up with somebody	zerwać z kimś	I've just split up with my boyfriend and am not ready for a new relationship yet.
spread like wildfire	szybko się rozprzestrzeniać	The flu is spreading like a wildfire in our office. I'd better take care of myself. I don't want to be ill, as well.
spring to one's feet	zerwać się na równe nogi	I sprang to my feet when Sam turned on the music.
stage by stage	stopniowo	I have been going through the project stage by stage and I'm almost finished now.
stand at the crossroads	stać na rozdrożu	I am standing at the crossroads at the moment and I don't know what to choose.
stand in somebody's way	stanać komuś na drodze	I always encouraged her. I didn't want to stand in her way.
stand on one's head to do something	stawać na głowie, aby coś zrobić	I would honestly stand on my head just to get into the university of my choice.
stand on one's own two feet	stanać na własnych nogach	I finally managed to stand on my own two feet after I got the new job.
stand out in the crowd	wyróżniać się	Sam dresses very originally and he always stands out in the crowd.
stand somebody a drink	postawić komuś drinka	Let's go out tonight and I will stand you a drink.
stand trial for	stanać przed sądem za coś, zostać oskarżonym	Tom is standing trial next week for armed robbery.
start a family	założyć rodzinę	We hope to start a family soon.
start a new life	zacząć nowe życie	I am moving abroad where I hope to start a new life.
start from scratch	zacząć od początku	I lost all my savings and now I have to start from scratch.
state of affairs	stan rzeczy	The current state of affairs means that our government must work twice as much to keep the economy going.
state of mind	nastrój, stan ducha	Happiness is a state of mind.
stay the night	zostać na noc	May I stay the night on Sunday? I will be in the area.
steady income	stały dochód	I'd much rather have a steady income than to work freelance.
steady relationship	stały/trwały związek	Steady relationships are boring.
step by step	stopniowo, krok po kroku	Learning a language is a long process. You can only

do it step by step.

stick to the facts	trzymać się faktów	I don't want to listen to all of that. Let's just stick to the facts.
stone's throw	blisko, o rzut kamieniem	We don't need to go by bus. It's just a stone's throw. It's going to take us less than 10 minutes to walk there.
stop at nothing to do something	nie cofnąć się przed niczym, aby coś zrobić	Sam would stop at nothing to achieve his goals.
storm broke	rozpętała się burza	The storm broke suddenly, and we had to finish the barbeque.
strangely enough	co dziwne	She said she was ill but strangely enough, I saw her in town yesterday.
strike a balance between	znaleźć kompromis między	It is important to strike a balance between work and personal life.
strike fear into somebody's heart	napawać kogoś strachem	I wasn't worried about the test, but Mark really struck fear into my heart. Now, I am not so sure I'll pass.
stroke of luck	szczęśliwy traf	It was just a stroke of luck. I got easy questions, otherwise I wouldn't have passed the test.
struggle for existence	walczyć o byt/przetrwanie	Her earnings are well below the minimum wage, and at the moment, she is really struggling for existence.
study for an exam	uczyć się do egzaminu	I can't go out because I have to study for my next exam.
supply and demand	podaż i popyt	The products we release on the market depend on supply and demand.
suppose you have this job	załóżmy, że masz tę pracę	Suppose you have this job, do you think it will change anything?
sure enough	jak można było oczekiwać, faktycznie	Sure enough, he didn't turn up.
swing of the pendulum	zwrot, radykalna zmiana	It was a quite sudden swing of a pendulum in our company's policy; nobody expected it.

T

take a firm stand on something	przyjąć stanowczą postawę wobec czegoś	I really have to take a firm stand on the matter.
take a hint	zrozumieć aluzję	She should finally take the hint and realise that what she's saying is unsuitable.
take a holiday	wziąć urlop	You work too much. You should take a holiday.
take a leaf out of somebody's book	wzorować się na kimś, naśladować	Kylie took a leaf from Madonna's book and performed in an outfit similar to hers.
take a lot of trouble	zadać sobie dużo trudu	I took a lot of trouble to organise the party and no one came.
take a risk	ryzykować, narażać się	I think you should take the risk and go. It might be the trip of your lifetime.
take a turn for the better	polepszyć się, poprawić się	I am sure that it will take a turn for the better next year.
take action to	podjąć kroki w celu	We must take action to prevent the crisis.
take advantage of somebody	wykorzystać kogoś (nieuczciwie)	Sam took advantage of Laura so that he would have to do as little work as possible.
take advantage of something	wykorzystać coś, korzystać z czegoś (w pełni)	I took advantage of the sunny day and spent the afternoon outside.
take an exam	przystąpić do egzaminu	In order to practise law I have to take an exam.
take care!	uważaj na siebie!	Take care! Hopefully I'll see you soon.
take early retirement	odejść na wcześniejszą emeryturę	I think I might take an early retirement as I am still allowed to do so under the current law.
take effect	zacząć działać	The new law is going to take effect in January.

take exercise	ćwiczyć, gimnastykować się	I should take more exercise in order to stay fit.
take issue with somebody	nie zgadzać się z kimś	I always take issue with my neighbours, they are always quite loud.
take it easy!	spokojnie! ostrożnie!	Take it easy! There's no cause for worry.
take measures	przedsięwziąć środki	We'll have to take measures to solve the problem.
take my word for it	możesz mi wierzyć, masz moje słowo	It'll be done by tomorrow. Take my word for it, you know you can trust me.
take office	objąć urząd	The new President took office in January.
take orders from somebody	wykonywać czyjeś rozkazy	The army took orders from the President.
take out insurance	ubezpieczyć się, wykupić ubezpieczenie	I have to take out insurance before I go on holiday.
take place	odbyć się, mieć miejsce	The play is taking place in a nearby park.
take power	objąć władzę	In two months I am taking power over the department.
take second place	zająć drugie miejsce	I took second place in the dance competition.
take shelter	schronić się	We have to take shelter. We can't possibly walk in heavy rain without an umbrella.
take somebody in one's arms	wziąć kogoś w ramiona	He took me in his arms as I was feeling really cold.
take somebody to court	pozwać kogoś do sądu	Because Peter wanted to claim their flat, he took Sam to court after they broke up.
take somebody's advice	skorzystać z czyjejs rady	I'll take your advice and apply for that job, as well.
take somebody's point	rozumieć czyjś punkt widzenia	I take your point but I still don't think that you are right.
take somebody's side	brać czyjąś stronę; stawać po czyjejs stronie	You always take Joanna's side. You could support me for once.
take somebody's temperature	mierzyć komuś temperaturę	I think you are ill. I'll take your temperature.
take something on faith	przyjmować coś na wiarę	If you say so. I'll take it on faith. But if it doesn't work out, it will be your fault.
take something to heart	wziąć sobie coś do serca	You shouldn't take everything to heart. You stress yourself too much.
take stock of something	ocenić coś, podsumować, zastanowić się	We have to take stock of last year's sales during our next meeting.
take the blame	brać winę na siebie	No one wants to take the blame for the damage, so we'll charge a fee to all students living in the house.
take the chance	skorzystać z okazji	I am going to take the chance and apply to Oxford. Let's see what happens.
take the floor	zabrać głos	I am scheduled to take the floor after Peter's speech.
take the lead	objąć prowadzenie	As of January, we are taking the lead over the organisation.
take the occasion	skorzystać z okazji/sposobności	I would like to take this occasion to thank everybody for their hard work.
take the opportunity to do something	skorzystać z okazji i coś zrobić	I am going to take the opportunity to go abroad on holiday.
take the view that	być zdania, że	I take the view that living abroad for awhile is extremely educational.
take the wind out of somebody's sails	zbić kogoś z tropu, podciąć skrzydła	When Sam told me that my project was not running, he took the wind out of my sails.
take to flight	uciec	Sarah took to flight when she realised that she would be given more responsibility.
take various forms	przybierać różne formy	Love and affection take various forms.
talk sense	mówić do rzeczy	Start talking sense! I really don't understand what

you're talking about.

talk shop	mówić o sprawach zawodowych	Even at a party they have to talk shop!
talk somebody to death	zagadać kogoś na śmierć	Sarah could talk anybody to death. She never stops talking.
teach somebody a lesson	dać komuś nauczkę	I know that's not nice, but it'll teach him a lesson. At least he won't make the same mistake again.
tear to pieces	podrzeć na kawałki	I've torn the letter to pieces.
tell a joke	opowiedzieć dowcip/kawał	I can't tell jokes. People never laugh when I do.
tell something apart	rozróżniać coś	Can you tell Sam and Peter apart? They look the same to me.
tell the future	przepowiadać przyszłość	I can tell the future. Would you like to know what's going to happen to you next year?
tempt fate	kusić los	Don't tempt fate. You never know what's going to happen.
test somebody's patience	wystawiać czyjaś cierpliwość na próbę	Switch off this music! Are you trying to test my patience? I've had enough!
thankless task	niewdzięczne zadanie	I was given a really thankless task, but, well, somebody has to do it.
that about sums it up	to by było wszystko w tej kwestii	Well, that about sums it all up. It really wasn't worth the effort.
that makes a change!	to coś nowego!	It looks much better now. It really makes a change.
that reminds me	a propos, a tak przy okazji, a właśnie	Oh, and that reminds me, we have to arrange a meeting tomorrow.
that will do	wystarczy	I only have 10 pounds with me but I think that'll do.
that's just like him	to do niego pasuje	That's just like Tom. He always does everything last minute.
that's life!	takie jest życie!	Well, that's life! You can't have everything.
that's not the issue	nie w tym rzecz/problem	That's really not the issue. I don't mind going, but I don't want to go to that particular bar.
that's not your headache	niech cię o to głowa nie boli	Don't worry about that! That's not your headache. I'll deal with it.
that's right	zgadza się	That's right. I am going to London by train but flying back.
that's the point	o to właśnie chodzi	That's exactly the point! You finally understand what I mean!
that's the spirit!	to jest to! to mi się podoba!	Great! That's the spirit! I am glad you're enthusiastic about the task.
the apple of somebody's eye	czyjeś oczko w głowie	His son has always been the apple of his eye.
the beginning of the end	początek końca	It was the beginning of the end for their marriage when he started drinking.
the calm before the storm	cisza przed burzą	It feels like the calm before the storm. I am sure something is going to happen soon.
the chance of a lifetime	życiowa szansa	It is really the chance of a lifetime. You can't waste it!
the devil is in the details	diabeł tkwi w szczegółach	You have to reread it carefully. The devil is in the details.
the exact opposite	dokładne przeciwieństwo	Kate and I are the exact opposites of each other, but they say opposites attract.
the facts speak for themselves	fakty mówią za siebie	We don't need any further explanations. The facts speak for themselves.
the general public	ogół społeczeństwa	The museum is open for the general public from 8 am till 6 pm.
the good old time	stare dobre czasy	I'm meeting my university friends and we're going to talk about the good old time.
the haves and have-	bogaci i biedni	You can read about the haves and have-nots in

nots		almost every novel.
the heart of the matter	sedno sprawy	The heart of the matter is that I really don't want to carry on like that.
the height of stupidity	szczyt głupoty	To climb without any protection is the height of stupidity.
the lesser of two evils	mniej zło	The first option sounds like the lesser of two evils, so let's go for it.
the likes of you	tacy jak ty	The likes of you always misbehave. That's why I don't want to rent flats to them.
the next biggest	drugi co do wielkości	Mark my words! She will be the next biggest pop star.
the other day	kilka dni temu	I am sure I saw you in the city centre the other day. It must have been Monday or Tuesday.
the point at issue	omawiana kwestia	The point at issue is that we will all have to get involved in the project.
the reason why	powód, dla którego	The reason why I don't like Spain is that I had a really bad summer there when I was a child.
the results are as follows	wyniki są następujące	The results are as follows: Brown – 10 points, Witney – 11 points, Simpson – 9 points.
the same to you!	wzajemnie!	– All the best for Christmas. – And the same to you!
the scene of the crime	miejsce zbrodni	Have a look! It was found at the scene of the crime and might serve as good evidence.
the shape of things to come	to, co nas czeka; to co przyszłość przyniesie	No one knows the shape of things to come.
the sky is the limit	możliwości są nieograniczone	I really feel I can do anything. Only the sky is the limit!
the sooner the better	im wcześniej, tym lepiej	The sooner we finish the project the better. Then we can do something else.
the voice of the people	głos ludu	Dalai Lama is considered to be the voice of the people.
the way things are	w tej sytuacji, w tych okolicznościach	By all means, we cannot continue the way things are.
the worst is behind you	najgorsze masz za sobą	The worst is already behind you, it will just get better from now on.
there are limits!	są jakieś granice!	There are limits as to what we can do till the end of the month. We have other clients as well.
there is a market for something	jest popyt na coś	There is a market for oriental language courses at the moment, so maybe we should introduce some at our school as well.
there is growing recognition that	coraz więcej ludzi zaczyna zdawać sobie sprawę, że	There is a growing recognition that there is a financial crisis and that quality of life will decrease.
there is no accounting for taste	o gustach się nie dyskutuje	There is no accounting for taste, and I really don't have to like what he chooses.
there is no excuse for such behaviour	nie ma usprawiedliwienia dla takiego zachowania	It is simply unacceptable! There is no excuse for such behaviour. Have you got anything to say in your defence?
there is no question that	nie ma wątpliwości, że	There is no question that we'll have to recruit additional workers as the workload is increasing.
there is no smoke without fire	nie ma dymu bez ognia	It is a well known fact that there is no smoke without fire.
there is room for improvement	można to jeszcze ulepszyć	There is always room for improvement, so let's think about what we could add to the project.
there seems to be	zdaje się, że jest	There seems to be little choice here. Let's go somewhere else.
there was nothing to suggest that	nic nie wskazywało, że	There was nothing to suggest that things would go wrong! That's why we are all so surprised!
there's no magic formula for	nie ma cudownej recepty na	There is no magic formula for learning languages. It's all hard and consistent work.

there's no place like home	wszędzie dobrze, ale w domu najlepiej	I really enjoyed Barcelona, but there is no place like home.
there's no point in doing something	nie ma sensu robienie czegoś	There is no point in doing something you don't enjoy for the rest of your life.
there's no time to lose	nie ma chwili/czasu do stracenia	There is no time to lose. Our deadline is tomorrow morning.
there's nothing like	nie ma to jak	When it's snowing outside, there's nothing like a good book and a cup of hot chocolate.
there's nothing to stop me	nic mnie nie powstrzyma	I will do it. There's nothing to stop me now!
these things happen	takie rzeczy się zdarzają	I really can't help it! These things happen.
things are getting out of hands	sprawy wymykają się spod kontroli	We have to do something soon. Things are getting out of hand.
things are looking up	coraz lepiej się dzieje	I have good news for you! Things are looking up for us.
things are running smoothly	sprawy idą gładko	Things are running smoothly at the moment, but make sure you keep a watchful eye.
think little of somebody	nie mieć o kimś wysokiego mniemania	I think very little of Sam, he's really unreliable.
third time lucky	do trzech razy sztuka	I will try again, third time lucky in the end.
this is not a game	to nie są żarty	This is really not a game. It's time you started taking the job seriously.
this is not laughing matter	to nie są żarty, tu nie ma nic do śmiechu	This is not laughing matter. We must do something about it right away.
three times in a row	trzy razy pod rząd	I have been on holiday in Italy three times in a row. I really need a change.
throw good money after bad	wyrzucać pieniądze w błoto	I hate throwing good money after bad. I'd rather buy something more expensive but of good quality.
tighten one's belt	zaciskać pasa	My husband lost his job, so we really have to tighten our belts now.
time after time	raz za razem	I told you time after time that I don't want you to go there on your own! Why did you do it?
time goes by fast	czas szybko mija	I can't believe how fast time goes by! It's already December!
time is money	czas to pieniądz	Time is money! We can't afford to work so slowly.
time is on somebody's side	czas pracuje na czyjąś korzyść	Time is on our side. There is no point in rushing. Let's do it slowly but properly.
time will tell	czas pokaże	We don't know how well she'll do. Time will tell.
to a certain extent	w pewnym stopniu, do pewnego stopnia	To a certain extent, it's easier for men to get a decent job than for women.
to good effect	z dobrym skutkiem	We have changed our main partner and to good effect.
to make a long story short	krótko mówiąc	To make a long story short, I am moving to London next year.
to make matters worse	co gorsza	To make matters worse, we must have all of it done by tomorrow.
to my surprise	ku mojemu zaskoczeniu	To my surprise, Peter remembered my birthday this time.
to no avail	na próżno	For about a week I have been asking him to help me but to no avail.
to no effect	bezskutecznie	I have been trying to learn Spanish but to no effect.
to one's heart's content	do woli, ile dusza zapagnie	You can use our swimming pool to your heart's content.
to one's shame	ze wstydem	He admitted, to his shame, that it was his fault.
to say the least	delikatnie mówiąc	It's very interesting but a lot of work, to say the least.

to sum up	podsumowując	To sum up, I would like to thank you all for your hard work this year.
to tell the truth	prawdę mówiąc	To tell the truth, I am not too keen on that suggestion.
to the bitter end	do samego końca	I'm going to fight to the bitter end.
to the profit of	z korzyścią dla	We really should make some changes to the programme; it will be to the profit of all of us.
to top it all	na dodatek	I have been working two nights in a row on the project, and, to top it all, I have to carry on tonight!
tomorrow week	od jutra za tydzień	We will start classes again tomorrow week.
top of the range	najlepszy (towar)	This is a top of the range computer, hence the price.
toss a coin	rzucić monetą	Let's toss a coin. Heads – you do the dishes, tails – you Hoover.
tough nut to crack	twardy orzech do zgryzienia	Exercise number 3 is a really tough nut to crack. None of the students got it right.
treat somebody with contempt	traktować kogoś z pogardą	My maths teacher treated everyone with contempt. That's why we really didn't enjoy his lessons.
treat somebody with respect	traktować kogoś z szacunkiem	I always treat my parents with respect.
trials and tribulations	perypetie	The book tells a story of the trials and tribulations of a young princess.
true to form	w typowy/właściwy sobie sposób	True to form, she kept her guests waiting for more than 90 minutes.
true to life	realistyczny	The last painting we saw was so true to life that I thought it was a photograph.
true to one's word	zgodnie z obietnicą	Sam is always true to his word. I assure you, you can trust him.
turn a blind eye to something	przymykać na coś oko	I rarely did my homework, but because I was a good student overall, my teacher turned a blind eye to it.
turn down an offer	odrzucić ofertę	They offered me a job, but I decided to turn it down and look for something else.
turn green with envy	zzielenieć z zazdrości	Sarah turned green with envy when she saw Laura wearing the dress she wanted.
turn one's back on somebody	odwracać się plecami do kogoś	I always thought I could count on Tim, but he turned his back on me when I least expected it.
turn something to good account	zrobić z czegoś dobry użytek; dobrze coś wykorzystać	She turned her natural talent for languages to good account and became an interpreter.
two years passed	minęły dwa lata	Two years have passed since I last saw Sam.

U

under cover	w przebraniu	The police are going to go there under cover, so he won't realise he's being followed.
under cover of darkness	pod osłoną ciemności	We won't have any problems breaking into that house under cover of darkness. No one will see us.
under discussion	omawiany	We haven't decided yet. The issue is still under discussion, but we should have an answer for you by the end of the day.
under false pretences	podstępem	I could not go on living with someone who married me under false pretences.
under pressure	pod wpływem stresu, pod naciskiem	I work best under pressure. I can do twice as much when I'm stressed and know that a deadline is near.
under threat of something	pod groźbą czegoś	She only took the job under threat of unemployment.
until further notice	aż do odwołania	The shop will be closed until further notice. We apologise for any inconvenience caused.
unwritten law	niepisane prawo	When it comes to extracurricular activities in the

school, it's an unwritten law that the seniors are given priority.

up to a point	do pewnego stopnia	It worked up to a point, but we had to change it slightly.
up to the mark	na przyzwoitym poziomie	My boss got rid of all those whose work was not up to the mark.
ups and downs	wzloty i upadki	I've been having my ups and downs recently, but I'm starting to stand on my feet again.
upside down	do góry nogami	You are holding the picture upside down, turn it round.

V

vanish into thin air	rozplynać się w powietrzu, zniknąć	Sarah was just there a minute ago, but she simply vanished into thin air.
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W

wait one's turn	czekać na swoją kolej	I will wait my turn. I don't want to go yet.
walk out on somebody	porzucić kogoś, odejść od kogoś	We were such a good couple, and he just walked out on me. I really didn't expect it.
walls have ears	ściany mają uszy	Be careful of what you say! Walls have ears.
watch the time	kontrolować czas	Watch the time! We can't be late.
watch what you are doing!	uważaj, co robisz!	Sam, watch what you're doing! Why are you always so clumsy?
we are short of money	brakuje nam pieniędzy	We are really short of money ourselves at the moment, so I can't lend you anything.
we can never be sure	nigdy nie ma pewności	We can never be sure what will happen with our children in the future.
we ran out of coffee	skończyła nam się kawa	We ran out of coffee, so I will go to the shop next door and buy some.
weak spot	słaby punkt	Try to find weak spots in your opponent.
weather permitting	jeśli pogoda dopisze	We are going cycling tomorrow, weather permitting of course. We are not going to cycle if it rains.
weigh the pros and cons	rozważyć za i przeciw	I don't know. I have to weigh the pros and cons and then I will make up my mind.
welcome somebody with open arms	przywitać kogoś z otwartymi ramionami	I didn't know Tom's family, but they all welcomed me with open arms. I felt at home straight away.
well done!	brawo! dobra robota!	Well done, Sam! I knew you could do it.
what a pity!	jaka szkoda!	What a pity you can't come. I was so looking forward to the dinner.
what a waste!	co za marnotrawstwo!	What a waste! I can't believe we are throwing all this food away!
what are the chances that	jakie jest prawdopodobieństwo, że	What are the chances that they will offer me the same job next year?
what are you driving at?	do czego zmierzasz?	I really don't understand. What are you driving at?
what do you say?	co ty na to?	What do you say then? Should we go or not?
what happened?	co się stało?	What happened to Tim? He seems rather low.
what I mean is	chcę przez to powiedzieć, że	What I mean is, it's really worth a try. You never know, it might pay off.
what is she like?	jaka ona jest?	What is she like? I heard she can be demanding and mean.
what is this supposed to mean?!	co to ma znaczyć?!	What is this supposed to mean? Don't you dare talk to me like that!
what make is this car?	jakiej marki to jest samochód?	- What make is this car? - I am not sure. All I can say about it is that it's red. You know I know nothing about cars.
what on earth?	co u licha?	What on earth is going on here? Look at this mess!

I only left for an hour.

what size are you?	jaki rozmiar pan/pani nosi? (ubrania)	What size are you now? I think you've lost a lot of weight.
what time is it?	która jest godzina?	What time is it now? I need to leave at 3 pm.
what's eating you?	co cię gryzie?	Come on, tell me what's eating you and you'll feel better. Maybe I can help as well.
what's happening?	co się dzieje?	What's happening? What's all this noise?
what's so funny?	co w tym śmiesznego?	What's so funny? I didn't say anything funny.
what's the date today?	którego dzisiaj mamy?	What's the date today? Is it 8.12.?
what's the matter?	o co chodzi? co się stało?	What's the matter? Why are you so worried?
what's the rush?	po co ten pośpiech?	What's the rush? We have plenty of time. No need to hurry.
what's the time?	która jest godzina?	What's the time now? I am in a hurry.
when all is said and done	koniec końców	When all is said and done, we have nothing else to do but sign the contract.
when I last saw her	kiedy ją widziałem po raz ostatni	When I last saw her she was blond, and now she changed to black and looks very different.
when the need arises	w razie potrzeby	I will get a loan when the need arises. I can still manage without it at the moment.
when you come to think of it	jeśli się dobrze nad tym zastanović	When you come to think of it, it doesn't sound like such a bad idea in the end.
who would have thought	kto by pomyślał	Who would have thought Sarah would become a doctor? She's never been a good student.
whose turn is it?	czyja kolej?	- Whose turn is it? - I thought it was Tim's.
will you join us for lunch?	czy zjesz z nami lunch?	- Will you join us for lunch? - I can't. I have to go to a meeting.
win a prize	zdobyć nagrodę	I have never won a prize of any kind.
win a victory	odnieść zwycięstwo	Sam won a legal victory over his local government concerning his plot of land.
win by a fluke	wygrać fuksem	We were not prepared for the match. We really won by a fluke.
win hands down	wygrać z łatwością	It was such an easy win! Almost no effort on his part was required. He won with his hands down.
win somebody's confidence	zdobyć czyjeś zaufanie	It took me a while to win Kate's confidence, but now we are best friends.
window of opportunity	niepowtarzalna okazja	I treat it as an unexpected window of opportunity and I hope it will all work out well.
with a bit of luck	przy odrobinie szczęścia	With a bit of luck, I will manage to get into the course.
with a heavy heart	z ciężkim sercem	I am signing the contract with a heavy heart. I don't think buying the flat is a good idea.
with a view of the sea	z widokiem na morze	I have a lovely room with a view of the sea, if you are interested.
with a view to doing something	z zamiarem zrobienia czegoś	I am saving all the money I can with a view to buying a house.
with all due respect	z całym szacunkiem	With all due respect, I don't think she is suitable for the job.
with all one's heart	z całego serca	I am doing the job with all my heart, and no one appreciates it.
with bated breath	z zapartym tchem	I was waiting for the results with bated breath. It was really exciting!
with flying colours	świetnie, śpiewająco	I passed with flying colours, so now I don't have to worry about getting into university.
with great skill	z dużą wprawą	She painted the picture with great skill. You can tell she has good training.

with no extras	bez dodatków	Can I please have the chicken with no extras?
with one's eyes closed	z zamkniętymi oczami	I've been there so many times, I could get there with my eyes closed.
with respect to	odnośnie, w związku z, w nawiązaniu do	With respect to your last question, unfortunately we do not offer free courses for our employees.
with the aim of doing something	z zamiarem zrobienia czegoś	I am saving the money with the aim of going on holiday in June.
with the help of something	za pomocą czegoś	I could finish it all in time with the help of a computer.
within limits	w pewnych granicach	There is a lot of flexibility here, within limits, of course.
within reach	w zasięgu	I want to live somewhere within easy reach of the centre.
without a second thought	bez zastanawiania się	I decided to buy the car without a second thought, and now I am not sure it was the right choice.
without delay	bezzwłocznie	We have to decide without delay, or they will sell the flat to someone else.
without question	bez wątplenia	This is, without question, the best house we've seen so far. I think we should buy it.
without regard to	bez względu na	All applicants should be considered without regard to race, religion or sexual orientation.
without risk to something	nie narażając czegoś	You are signing a three-month contract without a risk to get too involved. It's three months only and then you can decide what to do next.
wolf in sheep's clothing	wilk w owczej skórze	Don't trust him. He's not as nice as you think. He really is a wolf in sheep's clothing.
words fail me	brak mi słów	You look amazing! Words fail me when I look at you today!
work in an office	pracować w biurze	I hate working in an office! I'd much rather work from home.
work late	pracować do późna	I had to work late yesterday getting ready for a big conference which is approaching.
work like a dog	pracować jak mrówka, pracować za dwóch	I have been working like a dog recently and really need some holiday.
work one's guts out	harować w pocie czoła	I have been working my guts out to make sure it all works out well, but it still hasn't.
work the land	uprawiać ziemię	All his life my father worked his land and he really doesn't want to move to the city and become a clerical worker.
write somebody off for dead	uznać kogoś za zmarłego	Nobody had seen him for years and he was written off for dead.
written in somebody's face	wypisane na czyjejs twarży	Love is written on her face. She can't hide it.
wrong number	pomyłka (telefoniczna)	- Is that Peter? - I'm sorry, you must have dialled a wrong number.

Y

year in, year out	rok w rok, co roku	I go to Portugal on holiday year in year out. It's time for a change.
yes, by all means	tak, jak najbardziej	Yes, by all means! I think it's a great idea.
you are requested	uprasza się o	You are requested to leave the campus as soon as possible.
you asked for it!	sam się o to prosiłeś!	You really asked for it! Behaving like that you couldn't expect anything else but getting fired.
you can say that again!	jeszcze jak! oczywiście! zgadza się!	- Jane looks absolutely gorgeous! - You can say that again!
you can't miss it	nie można tego nie zauważyć	You really can't miss it. It's a bright orange building just in the middle of the square.

you got it in one!	zgadłeś!	I am impressed! You got it in one! Not many people manage this exercise so quickly.
you have a point there	tu masz rację	You have a point here. I take back what I said.
you have to be good to be lucky	szczęście sprzyja lepszym	You have to be good to be lucky, though it doesn't seem to apply to Tom. He is an excellent player but he's lost three matches in a row by only one point.
you must be joking!	chyba żartujesz!	You must be joking! He got a promotion? He's doing absolutely nothing all the time!
you should've known better	powinieneś był być mądrzejszy	You should have known better and thought it through before you made the decision. It's too late now.
you took the words right out of my mouth	wyjąłeś mi to z ust	That's exactly what I mean. You took the words right out of my mouth.
you're always making excuses!	zawsze się wykręcasz!	You're always making excuses and you never go out with us. Come on, it's Saturday, let's go for a drink!